

Motion to accept the above reports.

Moved: Diane Todd

Seconded: Gwendoline Turpin

Carried

5. Action Items

a. **Social Activities:** Ann Pratt

The Wild Wild West Birthday Social will be held on February 19th. There will be 18 tables, and the number of attendees will be capped at 100.

b. **Bingo:** Diane Todd

Starting in March coffee and hot water will be available for purchase. The City will collect the funds and give them to the treasurer.

c. **Tuesday Talks Report:** Pat Dales

The Tuesday Talk was on Elder Abuse by Ken Kuhn. There were some issues with the sound system. The next Tuesday Talk is on Diabetes on February 24th. A suggestion was made to hold a future Tuesday Talk on Driver's License by ICBC. The City will follow up on the sound system.

d. **Bus Excursion:** Doug and Donna Stanbrook

The bus excursion to the Anthropology Museum at UBC on February 12th. A trip to the Harrison Tulip Festival, unpaid lunch in Harrison and a visit to the Sasquatch Museum (split into two groups) is scheduled for April 23rd for a maximum of 35 people. The information on this bus excursion will be included in the March What's Up. The pre and post cost for the bus has increased, however, after complaining on this matter, the company agreed to offer a discount. The cost of the excursion will be \$30 per attendee.

e. **Marketing Strategy Development:** Royce Shook and Barrie Seaton

Board member input and participation to make calls to businesses is requested. The marketing brochure to seniors was distributed at this meeting with a request for final feedback as soon as possible. The brochure will be folded with the pictures on the outside.

Board members are asked to prepare suggestions of businesses to approach for the marketing breakfast and for anyone who may be interested in presenting at the breakfast. The presentation must be to 150 businesses to find 75 who are willing to sponsor senior activities.

The Board will prepare a "why should you join us" package. The Board members at this breakfast must have a business card to hand out. There will be a guest speaker. The City has people who can assist in the preparation of the material for distribution. The wording is important and the distribution material must show the benefits to the businesses to appeal to them to provide sponsor funds.

Discretionary funds are shrinking. The City will set up a meeting between the City employees and the Board members.

f. **Website Update Including YouTube Channel:** Gwendoline Turpin

An annual review indicated that the website is reaching the community. A featured page has been set up, currently providing information on the Dementia musical café. Next it will provide information on the Dementia mini-fair.

The Board suggested the home page be updated with a picture of the current Board members. Darryl will change the background page. Another suggestion was to provide resource handouts from the Tuesday Talks in addition to the paper copies distributed during the talks. How to access the resource material could be made part of the library training session on the online registration session. The resource material can also be put in the lounge.

The webpage shows two years of information and historical information is on Google.

g. COAESCE Report: This group has already set up all the necessary participants and so no Board members will participate. The group will publish the results of its findings.

h. CRA Workshop: The CRA Café will be held on March 6th in the same room as the Board meetings. A poster on this workshop will be placed on the board in the lounge. Attendees must bring photo id. Low-income seniors are eligible to get assistance to prepare their income tax forms. The assistance will be on a first come first served basis. The CRA will also show attendees how to set up a My Account on the CRA website.

i. Banners, Badges and Business Cards:

The printed banner was displayed to the Board.

At the last meeting the Board approved \$300 to spend on the lanyards. However, the cost of the ¾ inch white lanyards with “Wilson Seniors” printed in two colours with a break away clip and a swivel bulldog clip with the minimum order of 100 is \$364. The cost for the same using 3 colors is \$386. The small plastic card holders must be ordered separately on Amazon for \$16. Business cards must be ordered for the Board members to put in the plastic holders.

Anyone who wants a business card must forward their request to Royce immediately.

Motion was made to add \$150 to the previously approved \$300 to purchase the lanyards and plastic card holders.

Moved: Ann Pratt

Seconded: Teresa Foreman

Carried

j. BC Health Registry from Emma Juergensen:

Emma Juergensen has not made further contact with the Board.

k. Review of Constitution, By-Laws and Policies and Procedures:

Four people have agreed to work on these governance documents.

I. Welcome Letter:

It was suggested to remove reference to Tri-City News and replace with Freshet News.

m. Port Coquitlam Grant for Dementia: The WSCAA is using the grant for the February 26th Dementia Mini Fair.

n. Troupe de Poetry: The Troupe de Poetry was asked to approach the WCSAA next fall.

New/ Ongoing Business

a. Alzheimer's Association: A link is set up on the website.

b. Dementia Mini-Fairs: The Mini-Fairs will be held on February 26th and June 5th and will focus on caregivers and dementia.

c. Andre Mendes: He offered to perform a free 40-minute Christian music performance. The Board want to find out more information on this group before agreeing to his offer.

d. Volunteer of the Year of Port Coquitlam and Medal of Good Citizen Award: Wendy Grey sent an email including a form to complete for the Volunteer of the Year. The form for the Citizen of the Year Award can be found on the City website.

e. Marketing Assistance: The City has offered the assistance of its marketing coordinator to the Board to prepare its marketing materials for the marketing breakfast. The City Councillor sent out a brochure to ask where the Wilson Centre members heard about its programs.

f. Silver Chord Choir: Teresa announced that the Silver Chord Choir collects funds for its performances. This group would like to make a \$500 donation to the Wilson Centre lounge kitchen. Carrie Nimmo took the cheque payable to the City of Port Coquitlam for deposit. This group also made a \$500 donation to Eagle Ridge Hospital to help fund the purchase of an MRI machine.

6. Adjournment:

Motion to adjourn the meeting at 11:55 a.m.

Moved: Gwendoline Turpin

Seconded: Gilda Tweedie

Carried

Next regular Board Meeting March 11, 2026 at 10:00 a.m.

City Report to the Wilson Seniors Advisory Board Feb 11, 2026

Reported by Baljit Sastry and Carrie Nimmo

Membership

- Jan 4, 2026 - 1104 seniors' services members
- Feb 1, 2026 – 1119 seniors' services members
- This is an increase of 15 members

Upcoming Special Events

- St. Patty's Day Luncheon – March 17th from 12:30pm – 2:30pm
- New Member Information Session – March 26th at 1:00pm
- Coffee with the Mayor – April 21st at 10:00am (will open with Spring registration)
- Tech for Active Seniors – April 7th 1:00pm – 2:30pm. This partnership program with Terry Fox Library will review the City's online registration system and how to navigate it using the phone, tablet or laptop. Please bring own devices and register for the program. Registration will open up with Spring Registration dates).

Spring Registration

- Spring leisure guide available online: Tuesday Feb 17, 2026
- Registration opens for PoCo residents: Tuesday Feb 24, 2026
- Registration open for general public: Friday Feb 27, 2026

Local Community Accessibility Grant – Application submitted - Carrie

We were successful in receiving a \$25k grant for removing barriers for persons with disabilities. Reviewed initiatives identified in our Accessibility Plan including input provided. We are installing power operated doors for the gendered change rooms at Hyde Creek Rec Centre and the washrooms at Lion's Park. This will help seniors and we thank Cllr McCurrach for advocating for initiatives that make our facilities accessible for seniors.

Family Day

Celebrate Family Day on Feb 14 and 15 with free activities for the whole family. Registration for events started for PoCo Residents on Feb 10th and will open to non-residents on Friday Feb 13th. Free activities include Family Art and/or a movie showing at the Michael Wright Art Gallery; public swims, Playmania and more at PCCC and public swims at Hyde Creek Rec Centre. For more information visit [Family Day | City of Port Coquitlam](#)

Vote for Terry Fox: Inspiring Local Champions

The City has been nominated for a BC Museums Award of excellence for our exhibit honouring Terry Fox and local champions. See the QR code on the pop-up banners located at PCCC or use this link to vote: [Inspiring Local Champions | City of Port Coquitlam](#)

Volunteer Recognition Awards

Port Coquitlam residents are encouraged to share which local volunteers have made a difference in the community by recognizing them with a nomination. Categories include PoCo Volunteer of the Year, Sport and Recreation Volunteer of the Year, Future Leader/Youth Volunteer of the Year and Lifetime Volunteer. Nominations can be made online at [Volunteer Recognition Awards | City of Port Coquitlam](#) and nominees and winners will be celebrated at the City of Port Coquitlam's Volunteer Recognition Awards.

May Day Parade Application

Applications for businesses and organizations to participate in the 2026 May Day Parade are now being accepted. The May Day Parade will take place on Saturday May 9th from 11:00am – 1:00pm. Organizations can submit their applications online at [May Day Parade Application | City of Port Coquitlam](#).

Promoting our Seniors' Membership

The Communications team is working with us to promote our seniors' membership leading up to Seniors' Week. We are developing a communication plan and would like to work with the Wilson Seniors' Advisory Board. The City can provide templates for your printed materials that include our logos, share our pictures, post on digital billboards and social media since it is a partnership. Share our resources – the Wilson Seniors' Advisory Board meet with our graphic designer and work with our staff overseeing our website and social media.

Winter Holiday Break

Extending hours at the Wilson Lounge for seniors to address isolation

- 3 days prior to Christmas – full service
- 3 days between Christmas and New Years - free coffee and tea service – possible sponsorship by Wilson Seniors' Advisory Board

Councillor Nancy McCurrach

Council Designate – Wilson Seniors Advisory Board

January 27 & February 10, 2026 – Her Committee of Council & Council Reports

January 27, 2026 – Committee of Council

Wilson Seniors’ Lounge – Holiday Closure

Members of the Wilson Seniors’ Advisory Board, for which I serve as Council’s representative, expressed concern regarding the Wilson Seniors’ Lounge being closed for a two-week stretch during the Christmas holiday break.

For many seniors, the Lounge is like a second home. Some members experience isolation, do not have family nearby, or have lost a spouse. A two-week closure can feel particularly long and difficult during the holiday season.

I brought these concerns forward to Mayor West, Director Glenn Mitzel, and CEO Rob Bremner. They are aware of the situation and are actively looking into possible solutions. I will continue to provide updates as discussions progress.

Launch of the Care Support Hub & “Singing for the Brain” Musical Café

I would like to recognize how proud I am of the Wilson Seniors; Advisory Board for launching the Care Support Hub and the new *“Singing for the Brain” Musical Café*, in partnership with the Adult Cognitive Wellness Centre, supported by the City of Port Coquitlam and the Terry Fox Library.

These initiatives respond directly to the growing needs of caregivers and individuals living with dementia by creating an inclusive, supportive, and accessible gathering place. Special thanks to the PoCo Foundation for grant funding that made this possible.

I know firsthand how important this work is. My own mother lived with dementia and, toward the end, forgot who I was when I visited her. It is a deeply difficult and heartbreaking journey for families. Initiatives like this not only support individuals living with dementia but provide critical support for caregivers as well.

Terry Fox Library – 2025 Statistics

The Terry Fox Library released its 2025 statistics:

- 606 programs offered
- 23,415 attendees across all ages
- 29,735 reference questions logged

In comparison, 2024 saw 591 programs and 28,109 reference questions.

These numbers reflect a growing demand for programming and services. I recently visited the library with my 2½-year-old granddaughter, who loved playing with puppets and puzzles. Engaging young children early helps foster a lifelong love of reading and learning.

February 10, 2026 – Committee of Council

Update: Wilson Seniors' Lounge Holiday Access

I am pleased to report on the matter I raised regarding the Wilson Lounge closure over the Christmas two-week shutdown.

As a result of discussions with staff, six additional days of modified operations will now be scheduled during that period to reduce isolation and provide support for seniors.

I would like to acknowledge Baljit, Carrie, and Director Mitzel for their creative and collaborative approach in making this possible.

Council Report: Tri-City Homelessness & Housing Task Force

I attended the Tri-City Homelessness and Housing Task Force meeting along with Councillors Darling and Pollock.

Positive news was shared that Progressive Housing, which operated the winter shelter on the Riverview Lands, has successfully placed four unhoused individuals into housing, with another four currently in the process. Approximately 18 individuals are staying at the shelter each night.

Black History Month – Community Support

In recognition of Black History Month, I attended a fundraiser in Vancouver supporting the Hogan's Alley Society and the Junior Black Achievement Awards, led by my friend Candace Knoll.

The evening featured an outstanding performance by Levina Fox in her show *Boots to Broadway*. Her father once lived in Hogan’s Alley, a predominantly Black community that was largely demolished due to the construction of the Georgia Viaduct, displacing many residents.

Plans are now underway to build a 12-storey building with 109 social housing units at Union and Main Street in Vancouver, driven by the Hogan’s Alley Society — a meaningful step toward restorative community development.

Heritage BC Awards Nomination

Our Hall of Fame exhibit at the Port Coquitlam Community Centre — *“Inspiring Local Champions”* — has been nominated for the People’s Choice Award as part of the Heritage BC Awards celebrating the organization’s 45th anniversary.

The exhibit honours Terry Fox as our Hometown Hero, alongside other local champions who have shaped Port Coquitlam. I would like to recognize and thank the PoCo Heritage & Archives team for their exceptional work and for submitting the nomination.

Voting is open until February 27.

Arts & Culture Update

As Council Designate for Arts, Culture, Heritage, and the Environment, I was proud to attend and deliver opening remarks for the first exhibition of 2026, featuring local and regional artists across four venues:

- Cherry Archer – *Suspended Ecologies* (Michael Wright Art Gallery)
- Jennie Johnston & Shamina Senaratne – *Clocking In for Unpaid Labour Canada* (Outlet Gallery)
- Mercury Black – *Outdoor Snaps: Enjoying the Moment* (City Hall Gallery) **A Port Coquitlam Resident**
- Marcie Rohr Esau – *Good Hands* (Port Coquitlam Community Centre Gallery)

Our feature musicians were the Port Coquitlam-based jazz ensemble, the Tilden Webb Duo, and refreshments were generously sponsored by Patina Brewing.

A heartfelt thank you to our dedicated Arts and Culture staff for their outstanding work. The arts are vibrant, meaningful, and very much alive in the City of Port Coquitlam.

President's Report – February 2026 Royce Shook

We are off to a strong start this year. January's Tuesday Talks were very successful, and we had an excellent launch of our Caregiver Support Hub, with close to 100 people in attendance. It was encouraging to see such strong community interest and engagement right out of the gate.

Barrie and I have completed the brochure for the upcoming mail-out, and he has secured a local printer who is providing us with a very competitive rate. At the same time, we have begun planning our breakfast fundraising initiative. The breakfast is tentatively scheduled for late April, with the exact date to be confirmed. Over the next week or two, we will be developing the materials needed to ensure this event is successful.

If you are interested in helping with the breakfast fundraiser, please let me know. We are compiling a list of businesses we would like to invite, with a goal of attracting at least 75 local businesses. We will also be coordinating with the City to avoid duplicating fundraising requests. Experience shows that personal invitations are the most effective way to encourage attendance, so we will be asking board members to assist with outreach. Barrie and I are preparing an information package and a short script to support those conversations with business owners.

The mini-fair poster has been completed and is now posted on our website and Facebook page. In addition, the launch of the Caregiver Support Hub has been featured on Tri-Cities Community TV. I have shared the link on both our website and Facebook page, and I encourage board members to take a look and help spread the word.

If anyone is interested in contributing columns to *Freshet News*, I have outlined topics for the coming months:

- March — *Stay Smart, Stay Safe: Spotting Scams and Fraud*
Focus on financial and digital safety for seniors, including fraud and identity theft awareness, in recognition of Fraud Prevention Month in Canada.
- April — *The Power of Volunteering*
Celebrating seniors who volunteer and the impact they make, aligned with National Volunteer Week. A local focus could highlight Wilson Centre volunteers and opportunities.
- May — *Staying Strong: Vaccination and Preventive Health*
Emphasizing vaccines, regular checkups, and active living, tied to National Immunization Awareness Week.
- June — *Celebrating Seniors' Month*
Honouring the contributions of seniors and promoting intergenerational connections, in recognition of Seniors' Month in British Columbia.

I have also attended workshops with the Tri-Cities Seniors' Association and met with the committee leading the Caregiver Support Hub. They are doing solid work and are moving the project forward thoughtfully.

The next few months will be busy as we finalize the mail-out program, prepare for the marketing breakfast, and continue delivering our ongoing programs, including Bingo, the Caregivers Café, birthday celebrations, and other activities. In addition, we will begin planning for our Health and Wellness Fair and the upcoming CRA event.

Overall, the year is shaping up well, with strong momentum and meaningful work ahead.

**Treasurers Report
February 2026**

Date	Description	Expenses	Revenue	Balance
Jan 1	Opening Balance			\$39,260.12
13-Jan	Deposit M. Farnworth (Health Fair)		\$400.00	\$39,660.12
16-Jan	Cheque Cleared #142 (Display Case)	\$26.40		\$39,893.72
21-Jan	Cheque Cleared #144 (Bus Trip)	\$1,175.20		\$38,718.52
22-Jan	Cheque Deposit (Farmers Market Rebate)		\$800.00	\$39,518.52
22-Jan	Cheque Deposit (Health Fair CRA)		\$100.00	\$39,618.52
22-Jan	Cheque Deposit (Bingo)		\$178.00	\$39,796.52
22-Jan	Cheque Deposit (Bingo 50/50)		\$16.00	\$39,812.52
24-Jan	Cheque Cleared #145 (Tuesday Talks	\$342.30		\$39,470.22

Community Service Package #100096255517 (Gaming Account)				
2025-07-01				\$-
#100096166292 Cashable 90 Day Lockout 12 Month				
2026-01-31	Term Deposit			\$21,622.70
2026-01-31	Shares In Van City	\$5.02		\$5.02
2026-01-31	2025-05-31 Float	\$50.00		\$50.00
2026-01-31	2026-01-31 Total Van City And Float			\$61,097.94