

Moved: Teresa Foreman

Seconded: Pat Dales

Carried

e. **Community Resource Network (CRN) Report:** Gilda Tweedie

The CRN is waiting for three final payout details for the activities covered by the grant.

Motion to accept the above reports.

Moved: Barrie Seaton

Seconded: Teresa Foreman

Carried

5. Action Items

- a. **Social Activities:** The next activity is the Robbie Burns event. Video will be taken for YouTube.

The City will set up everything for the event. The City will check off the names and give tickets to attendees immediately prior to the event to drop into a box. This will allow the City to send those who did not register previously to register at the front desk and to speed up entry into the event.

- b. **Bingo:** Diane Todd

Diane reported that attendance at the Bingo dropped off during December and asked if she should cancel future December sessions. The Board discussed this matter and agreed that it is important to continue these sessions in December in the future. There was also a concern for the closure of activities during the two-week period over Christmas and New Year and on weekends. Nancy McCurrach will mention this to the City and Baljit will follow up to with Carrie Nimmo about this matter.

- c. **Gaming Policy:** The Board was asked to complete a self-assessment form on its processes for its 50/50 draws. The Board must ensure that in its advertising the odds of winning are advertised and that it indicates "Know your limit, play within it". When the draw is made, the drawer's arms and hands are bare of clothing and jewelry up to the elbow. The winner is required to confirm they received their prize by signing a form that is witnessed by two persons and dated. Board members may buy tickets but may not win prizes offered by the WCSAA. The Board members may win on Bingo games and they may also win prizes offered by sponsors during fairs.

The Board is required to complete a report for the Gaming Group annually.

- d. **Tuesday Talks Report:** Pat Dales

Seventy-nine people attended the Tuesday Talk on Wills & Estates presented by Aaron Chan. A suggestion was made to ask an Accountant to present a talk on taxes for a future session. The next talk will be held on January 27, 2026. Board members are encouraged to attend this session, arriving by 12:45 p.m. to discuss dementia before the session on Power of Music and Cognitive Activities for Brain Health.

- e. **Bus Excursion:** Doug and Donna Stanbrook
The UBC Anthropology Museum bus excursion is full with a waiting list of 14. April 23, 2026 is planned for the Harrison Tulip Festival. The hope is also to visit the Hot Springs area for lunch and then, if time, to attend the Sasquatch Museum. The information of this festival is not available until March.
- f. **Marketing Strategy Development:** Royce Shook and Barrie Seaton
A meeting will be held next week on the mailing.
An email will distribute two brochure options and request the Board make their selection by the weekend. The official logo must be on the sample brochures.
- g. **Website Update Including YouTube Channel:** Gwendoline Turpin
The official logo can be updated. YouTube is still being updated. A request was made to add an activity page.
- h. **COALESCE Report:**
A grant from the government was set up to determine how seniors are coping with the weather with assistance from universities. Three Board members (Barb, Don and Teresa) submitted their names to have the sensors installed in their homes from February to August 2026 and they will receive a \$400 honorarium.
- i. **CRA Workshop:**
A super clinic will be held on March 6, 2026. The CRA and Service Canada will assist eligible people with their laptops to sign up for tax reporting and with simple income tax forms on a first come first serve basis. It will be held in the small multipurpose room at PCCC. A printout will be made with the information on the clinic.
- j. **Banners, Badges and Business Cards:**

Motion was made to spend up to \$300 for 100 adjustable lanyards in white with Wilson Seniors logo printed on it with the small plastic badges.

Moved: Glinda Tweedie

Seconded: Teresa Foreman

Carried

The Banner will ensure the Wilson Seniors heading matches the logo on the mailout brochure, the second line will be smaller and show as 60 PLUS and PoCo PROUD and the third line will remain the same as the sample. The approval has already been made to spend up to \$200 plus tax on two banners.

An email will be distributed with a photograph of a business card to Board members. Board members who want to have a business card must respond to show what they want on their card for ordering.

k. Jackman Foundation Grant:

The Grant to use diversity on activities was denied. The Board can try with the PoCo Foundation or with New Horizons next time.

l. Revision of Reimbursement Form:

The Board is preparing a revised reimbursement form.

m. BC Health Contact Registry from Emma Juergensen:

Emma Juergensen has not made contact with the Board yet.

n. WCSAA Handheld Microphone:

The City is continuing to upgrade its sound system. The Board will wait to see the results.

o. Review of Constitution, By-Laws and Policies and Procedures:

The Board's legal documents have not been reviewed for several years. Some Board members agreed to assist with the review. Barrie handed out his preliminary suggestions at the meeting. He will set up a meeting for four Board members to discuss the legal document updates. The By-Law updates must be approved at the next AGM. The Board can approve updates to the Policy and Procedures. The cost to update the legal logo will cost \$30 and must be approved at the AGM.

p. Welcome Letter:

The heading of the Welcome Letter will be amended to match to logo on all other documents.

The City showed an example of a Welcome Folder to give to new members. It will contain the latest *What's Up*, the Tuesday Talks brochure, the Welcome Letter, the Wilson Advisory Board brochure, and a gift voucher for a free coffee in the Lounge. The City has a meeting on Tuesday to review the colours on the Welcome Folder.

q. Port Coquitlam Grant for Dementia:

The Board received a \$4,000 grant for activity dealing with dementia. The program runs from February to November. On the second Wednesday of every month a musical café will be held in the Gathering Place which has a kitchen and a piano. On January 27 the Board members are encouraged to arrive at the Tuesday Talk by 12:45 p.m. to show support for the Dementia program. Also invited are a number of other organizations that work with Dementia patients and their caregivers. On February 26, from 1:00 p.m. to 3:00 p.m., a mini fair will be held with 14-15 vendors, and 2-3 groups will put on 10-15-minute talks. Another mini fair will be held during senior's week in June. The fairs are open to the public.

r. Troupe de Poetry:

The Troupe de Poetry is asking for \$300 for one hour and a room to put on a presentation. The City will ask in the next *What's Up* if there is an interest in this presentation.

s. Schedule of WCSAA Meetings in 2025-2026

The WCSAA AGM will be scheduled on October 7, 2026 and the regular meeting in November will be held on the 18th.

6. Adjournment:

Motion was made to adjourn the meeting at 12:10 p.m.

Moved: Gilda Tweedie

Seconded: Teresa Foreman

Carried

Next regular Board Meeting February 11, 2026 at 10:00 a.m.

City Report to the Wilson Seniors Advisory Board Jan 14, 2026
Reported by Baljit Sastry and Carrie Nimmo

Membership

- As of Dec 7, 2025, we had 1095 seniors' services members.
- As of Jan 4, 2026, we had 1104 seniors' services members

Upcoming Events

- Robbie Burns Luncheon – Jan 22nd 12:30pm – 2:30pm
- New Member Information Session – Jan 29th 1:00pm – 2:00pm
- Exhibition Opening Reception – A free opening reception to celebrate 2 new art exhibits. Meet the artists while enjoying live music and refreshments (refreshments sponsored by Patina Brewing. Jan 22 6:00pm – 8:00pm (Michael Wright Art Gallery)

2026 Calendars

- The City's annual community calendars can be picked up for free at all civic facilities, including City Hall, recreation centers and the Terry Fox Library. Quantities are limited and while supplies last.

Council Report Jan 13/2026 – Nancy McCurrach

- After hearing from residents, senior staff, and union workers, I submitted my concerns to the Legislature regarding the proposed Bill M216 (Professional Reliance Act), with hope that this legislation does not proceed. My concerns were around the impacts on municipal oversight, public safety and the potential for job loss for city employees. Housing and Municipalities Minister Christine Boyle encouraged municipal governments to share their feedback on the proposal.
- As the Council Designate for the Environment, I am looking more closely at the Zero Carbon Step Code, I wasn't aware until yesterday that Over 30 local governments including First Nations and Regional Districts now reference higher levels of the Zero Carbon Step Code than mandated by the Provincial Government for new construction 10 of which are in the Lower Mainland. Most recently the City of Coquitlam is looking into maintaining existing provincial timelines for Energy Step Code and incrementally accelerate to Emission Level 3 for Zero Carbon Step Code. Possibly setting the stage to hear more from our city to consider moving also in this direction after hearing from several residents, it is something I am on board for. Stay tuned!
- Attended the Arts Connect Regional Arts Summit that past Saturday, it was a highly collaborative day with individuals from across the arts community.
- Early Monday morning I became a grandmother for the 5th time, to a beautiful baby girl, born to my daughter Monica and son-in-law Andrew Murphy.

President's Report for January 2026 Royce Shook

Happy New Year, and welcome to 2026. As we begin another year together, I would like to thank the Board for its steady leadership and commitment. There is a strong sense of momentum as we move forward, and much to feel proud of as we build on the foundation laid over the past year.

Our Tuesday Talks series is off to an excellent start. Pat continues to do outstanding work securing knowledgeable and engaging speakers, ensuring these sessions remain both practical and relevant. The first session of the year focuses on Wills and Estates, a topic that consistently draws interest. This will be followed by our second session, which launches an exciting new partnership with the Cognitive Wellness Health Centre. These programs continue to help members navigate complex systems with greater confidence and clarity.

Our weekly Bingo program remains a bright spot in our calendar, growing steadily and providing a welcoming space for connection, laughter, and routine. Social events are also shaping up well. All bands for the year have been booked, and we anticipate strong attendance and lively gatherings that strengthen friendships and community spirit.

The Bus Excursion program will continue in 2026, offering participants opportunities to get out, explore, and enjoy shared experiences. These outings consistently remind us how important it is to create moments of joy and discovery.

Partnership development remains a priority. We are optimistic about our ongoing collaboration with SHARE Family & Community Services, which opens the door to expanded support for seniors. We are also exploring opportunities with Astoria and Mayfair to further enhance our social programming.

Behind the scenes, important work continues. Barry, Ravi, and others are working closely with the City to better coordinate our marketing efforts and attract sponsors for our programs. Gwendoline continues to do an excellent job managing our online presence, keeping our website, Facebook page, and YouTube channel current, accessible, and engaging. We also have a weekly column in the Freshet News, which allows seniors to be aware of what we do.

Following a careful review, we made the difficult but thoughtful decision to discontinue the Helping Hands at Christmas initiative. Instead, we are directing our energy toward the Farmers Market Coupon Program, where we believe we can have a more direct and meaningful impact.

As we move into 2026, our role within the Community Resource Network continues to strengthen, thanks to Gilda's dedication. Increasing awareness of our programs and securing sustainable funding through grants and partnerships will remain key priorities.

This past year also brought both loss and renewal. We remember Karen with gratitude for her contributions and the warmth she brought to the Board. At the same time, we welcome Edan Shong, who has already stepped forward with enthusiasm and commitment.

Together, we enter 2026 with purpose, collaboration, and optimism. Thank you for your leadership and support. I look forward to another year of meaningful work in service of seniors, caregivers, and our wider community.

Treasurers Report
January 2026

DATE	DESCRIPTION	REVENUE	EXPENSE	BALANCE
01-Dec-25	Opening Balance			\$36,131.91
01-Dec-25	City of Port Coquitlam Grant	\$4,000.00		\$40,131.91
02-Dec-25	Preauthorized payment ACT PORTCOQUITLAM Bingo Rent		\$203.88	\$39,928.03
05-Dec-02	Preauthorized credit DONATION VIA CANADA HELPS	\$96.25		\$40,024.28
06-Dec-25	Cheque 138J Social event decorations		\$119.12	\$39,905.16
12-Dec-25	Cheque deposit DONATION MEMBER	\$50.00		\$40,255.16
12-Dec-25	Cheque Memo DONATION MEMBER	\$300.00		\$40,205.16
13-Dec-25	Cheque 141 Expenses Display Sales		\$300.00	\$39,955.16
20-Dec-25	Cheque 139 Bus Excursions		\$268.80	\$39,686.36
23-Dec-25	Cash deposit DONATION TWISTED STITCHES	\$100.00		\$39,413.02
23-Dec-25	Cheque 140 Board Lunch		\$373.34	\$39,313.02
31-Dec-25	Preauthorized payment ACT PORTCOQUITLAMP Bingo Rent		\$152.90	\$39,260.12
Community Service Package #100096255517 (Gaming Account)				
				\$-
Cashable 90 Day Lockout 100096166292. Account Details December 2025 January 02, 2026				
Date	Description	Amount	Balance	
31-DEC-2025	Balance forward		\$21,622.70	
31-DEC-2025	Shares		\$5.02	

WILSON CENTRE SENIORS' ADVISORY ASSOCIATION

2025 – 2026 SCHEDULE OF MEETINGS

Wednesday, November 12, 2025, 10:00 a.m.
Wednesday, December 10, 2025, 10:00 a.m.
Wednesday, January 14, 2026, 10:00 a.m.
Wednesday, February 11, 2026, 10:00 a.m.
Wednesday, March 11, 2026, 10:00 a.m.
Wednesday, April 8, 2026, 10:00 a.m.
Wednesday, May 13, 2026, 10:00 a.m.
Wednesday, June 10, 2026, 10:00 a.m.
Wednesday, September 9, 2026, 10:00 a.m.
Wednesday, October 14, 2026, 10:00 a.m.
AGM Wednesday, October 7, 2026, 10:00 a.m.
Wednesday, November 18, 2026, 10:00 a.m.
Wednesday, December 9, 2026, 10:00 a.m.