

WILSON SENIORS

60 Plus & PoCo Proud

You are invited to the official launch of the
Caregiver Support Hub +
"Singing for the Brain & Musical Cafe"

This community initiative by **The Wilson Center Seniors' Advisory Association**, delivered in partnership with the **Adult Cognitive Wellness Centre** and supported by the **City of Port Coquitlam**, and the **City of Port Coquitlam Terry Fox Library**, responds to the growing needs of caregivers and individuals living with dementia by creating an inclusive, supportive, and accessible gathering place.

Date: Tuesday, January 27, 2026

Time: 12:45 -1:30 PM

Location: Port Coquitlam Community Centre
Mabbett Hall, Port Coquitlam

The launch will be followed by a presentation from the **Adult Cognitive Wellness Centre** highlighting the role of music and cognitive engagement in supporting brain health, connection, and quality of life.

Join us to learn more about the program.

CITY OF
PORT
COQUITLAM



Adult Cognitive
Wellness Centre

Recreation Rehab Respite

PoCo
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