

WILSON SENIORS

✨ WILSON CENTER SENIORS' ADVISORY ASSOCIATION ✨ ★ ANNUAL GENERAL MEETING & ELECTION OF DIRECTORS

📅 **Date November 5th, 2025,** ⌚ **Time:10:00 AM** 📍 **Location:** Wilson Centre, 2150 Wilson Ave

💬 **DISCOVER HOW YOU CAN MAKE A DIFFERENCE**

Join us at our **Annual General Meeting** to:

- ✅ Elect **7 new directors** to help guide our work.
- ✅ Celebrate our accomplishments.
- ✅ Share your ideas for future programs and activities.

We are a **registered non-profit organization** dedicated to improving seniors' lives through **connection, inclusion, and community support.**

💚 WHAT WE DO

Together, we:

- Support seniors through **food security** initiatives, *Helping Hands at Christmas* and the **Farmers Market Coupon Program**
- Build community with **social gatherings, bus excursions, and volunteer opportunities**
- Partner with the **Community Response Network** to raise **elder abuse and fraud awareness**
- Host an **Annual Seniors' Health Fair** and informative **seminars**
- Celebrate with **11 social events each year**, including birthdays and festive gatherings

💙 WHY JOIN?

Discounts on **City programs and fitness classes**

Exclusive **social events** and **prepaid drop-in options**

Great deals at the **Wilson Kitchen Café**

A **voice in shaping the future** for seniors in Port Coquitlam

Your membership helps create programs that **reduce social isolation, promote health, and foster belonging.**

💛 GET INVOLVED

- ✅ **Join** – Become a member and help shape programs that matter.
- ✅ **Volunteer** – Share your time and talents to make a lasting difference.
- ✅ **Donate** – Support local seniors. Tax receipts issued for donations over \$25.

🗣️ YOUR VOICE MATTERS — YOUR PARTICIPATION COUNTS

Come share your ideas, vote, and help us build a stronger, more connected senior community.

🌐 www.wilsonseniors.ca 📘 **Facebook:** facebook.com/groups/211013223669826

🌸 *Together, we're building community, connection, and care at the Wilson Centre.*