



Gilda continues to participate in zoom meetings about the CRN.  
The network sponsors seniors against mental, physical, or financial abuse.  
The next event will be the mini fair on June 5, 2026.

**Motion to accept the above reports.**

**Moved:** Gwendoline Turpin                      **Seconded:** Donna Stanbrook                      **Carried**

**e. Action Items**

**a. Farmers' Market Coupon:** Baljit Sastry

The cost of the coupons is \$432 per household per year. The funds from the Ministry of Health provides funds for 41 families. The coupons are for low-income Port Coquitlam families with food insecurity and can be used at any farmers' market in BC. Last year 52 coupons were given out with another 29 on the waitlist. As the need is high, the coupons are distributed based on a lottery draw. The cost for 10 families is \$4,320. The Board has around \$3,000 to \$4,000 remaining from the Christmas program that can be added for this year's farmers' market coupons. The City estimates the ages of the seniors applying for the coupons is 70 plus. The coupons are \$27 per week for 16 weeks. Funds from the WCSAA will provide coupons to seniors only. The WCSAA receives 10% back on used coupons it distributes.

**Motion to fund the 2026 Farmers' Market Coupons for seniors in the amount of \$7,344.**

**Moved:** Donna Stanbrook                      **Seconded:** Gilda Tweedie                      **Carried**

**b. Social Activities:** Ann Pratt

The High Tea is on May 21 and the next birthday lunches are scheduled in June, August and October.

**c. Fashion Show:** Mary Bolton

During the last birthday lunch, member Nina Suchy asked if the WCSAA would consider holding a fashion show that she would help with. After some discussion the Board agree to go forward with a multi-cultural fashion show with Mary and Barb working on the arrangements. The fashion show will be held during seniors' week 2027.

**d. Bingo:** Diane Todd

The Bingo is running well with good food and drink. The Bingo would like to find a number caller.

**e. Tuesday Talks Report:** Pat Dales

Thirty people attended the session on Massage. The next sessions are on Emergency Preparedness for Seniors, Necessary Medications, and Selling Real Estate. The mini fair in respect of dementia care will be on June 5. The Board requested if an IT employee could be available prior to the Tuesday Talks to help the presenters set up their equipment to prevent

delays in the start of the talks. The City will ensure an IT employee provides information on what is required and will be present prior to the talks to ensure everything works properly.

The Board discussed the potential of holding 30-minute gentle massage sessions and foot care sessions at the Wilson Centre. The Board requires someone to take the lead on looking into renting rooms and see if we can get funding from Fraser Health.

f. **New Banner and A Frame:** Pat Dales

The Board has a quote for the cost to purchase a generic banner and holder and an A frame to show a poster outlining the current activity. The maximum cost is \$713.89. The Board will do further research. The City must agree to the use of the City Logo on the banner. This topic is tabled until the next meeting.

g. **Bus Excursion:** Doug and Donna Stanbrook

The trip to the Harrison Tulip Festival was very good.

The Board needs to look into a budget for future bus excursions.

h. **Marketing Strategy Development:** Royce Shook and Barrie Seaton

The south side mail drop is complete. Each Board member was given copies of the brochures for distribution. The Board will look into the possibility of a north side mailout.

The Sponsorship Breakfast was put on hold until a future date. The plan is to start to go to specific areas to approach small to medium businesses to make contact with ownership to provide information on sponsorship. There will only be one cost for a sponsorship. The payment could be a one-time payment or payment on a monthly basis. If any Board member can provide four days per month, Barrie will arrange times to go to the businesses with Barrie. Once the sponsorships have been raised, a breakfast will be held for the sponsors to speak about their businesses. Information will be put together for the next meeting to provide a consistent approach with the businesses. The Board will work with the City on the businesses to ensure there is no conflict. Carrie has been working with BC Lotteries as a City sponsor. Carrie will raise with BC Lotteries the WCSAA's sponsorships. A one-page document will be prepared to hand out to the businesses.

i. **Social Media Update:** Gwendoline Turpin

The Board will explore automatic repeats and bring to the next meeting. The Board will determine how to properly update the calendar on personal calendars.

Send pictures of the May Day Parade to Gwendoline to upload.

j. **COALESCE Report:** Royce Shook

The Board discussed the COALESCE request to host a webinar in July focused on practical tips for staying safe and comfortable at home during extreme heat, cold and power outages. City IT would be required to set up the webinar. The lounge was discussed as a possible place for the screening. However, the screen in the lounge is not a tv. The Board asked if the webinar could be put on YouTube.

k. **Musical Café and Caregiver Support:** Pat Dales

The dementia mini fair is on June 5 from 1:00 p.m. to 3:00 p.m. The CRN will have a table. The Board is requested to support the fair.

It was reported but not verified that Massé is considering cutting back on the Musical Café due to lack of interest. The Board decided that it should continue until further notice and that we should discuss options with Massé.

**l. Review of Constitution, By-Laws, and Policies and Procedures:** Barrie Seaton

No discussion.

**m. Seniors' Logo:** Donna Stanbrook

All brochures have the incorrect logo. Royce will fix the templates.

**n. Burkeview Memorial Services:** Royce Shook

Burkeview Memorial Services want to apply to become a member in order to put their name in the newsletter. The Board suggested asking the company to become a sponsor.

**f. New Business:** None.

**g. Adjournment:**

**Motion to adjourn the meeting at 12:05 p.m.**

**Moved:** Donna Stanbrook

**Seconded:** Gwendoline Turpin

**Carried**

**Next regular Board Meeting June 10, 2026 at 10:00 a.m.**

### **Membership**

- Jan 4, 2026 - 1104 seniors' services members
- Feb 1, 2026 – 1119 seniors' services members = +15
- March 1, 2026 – 1123 seniors' services members = +4
- April 5, 2026 – 1136 seniors' services members = +13
- May 3, 2026 – 1143 seniors' services members = +7

### **Seniors Week**

- We are celebrating Seniors Week from June 1st – 5 BC Seniors Week is celebrated throughout communities in BC where we celebrate the wisdom, experience, and contributions that all seniors have made in our community.
  - o Throughout the week, we will be offering free programs and events including a performance by the Silver Chord Choir, a free learn to Bollywood dance, a guided story walk along Donald Pathway, the Seniors Week luncheon, container planting and more.
  - o A special edition of the What's Up Wilson will be released this week that will have all the dates, times and registration information.
  - o We would like to thank our many partners that have worked with us to put on these programs. Partners include:
    - City's Arts and Culture team
    - Terry Fox Library
    - City's Aquatics team
    - Wilson Seniors Advisory Board
    - Community Police
    - City's Youth Services
  - o We would also like to thank Aspira Astoria Retirement Living and Aspira Mayfair Terrace Retirement Living for their sponsorship of our annual Seniors Week Luncheon

### **BC Farmers Market Coupon Program**

- We have received coupons for 41 households funded by the Ministry of Health. Each household will receive \$27/week for 16 weeks which is a total of \$432 per household.
- Applications will be online or will be available at the Rec Centre by the end of the week with a deadline for submission of May 26, 2026 (noon).
- Applicants must be low income (following the LICO index thresholds)
- In 2025, we served 52 low-income individuals (combination of what the Board contributes with what the City is provided) with 29 individuals that were left on a waitlist.

### **New Member Info Session**

- Our next New Member info session is on Thursday, May 28th at 1:00pm.

### **Summer Program Registration**

- Registration for summer programming opened on Tuesday May 12th for Port Coquitlam Residents and on Friday May 15th at 8:00am for general public

### **City Events/programs**

- May Days – Thank you for participating in the May Days Parade!
- Public Works Open House – May 23rd 10am – 2pm (1737 Broadway St) - A free, fun, family-friendly event where residents can get a behind-the-scenes look at everything Public Works.
- Donald Storywalk – Illustrated story panels invite visitors of Donald Pathway to read as they walk. The current exhibit is called “Tiny Stories about Big Adventures.” As visitors stroll down the pathway between Elks Park and Wilson Ave, they will find short stories and illustrate panels about community care, queer identity and relations beyond the human form. For more information visit [Donald Storywalk | City of Port Coquitlam](#)

## President's Report

President's Report – May 2026

Royce Shook

May has been one of those months that reminds us how visible and connected our organization has become within the wider community. From public events to new partnership conversations, the Wilson Centre Seniors Advisory Association continues to be recognized as an active and valued part of community life in Port Coquitlam.

Barbara Allen and I were pleased to participate in the opening ceremonies of the May Day Festival, representing our organization alongside many volunteers. We also had nine enthusiastic participants in the May Day Parade: Doug and Donna, Barrie, Joan and her granddaughter, Don, Mary, Diane Brown, Diana Todd, and me. It was wonderful to see our members out in the community, waving to families along the route and proudly representing seniors in such a positive and energetic way. Events like May Day remind us that seniors are not standing on the sidelines of community life; they are very much part of its heart and spirit.

The visibility we gained during May Day has already led to additional opportunities. We were approached about the possibility of hosting a fashion show next year, an idea that could combine fun, creativity, community participation, and fundraising. We were also contacted by the COALESCE group about hosting a July viewing and discussion of a webinar focused on climate change and community impacts. Both opportunities reflect how organizations increasingly see the Wilson Centre as a place where important conversations and engaging community events can happen.

Another important discussion this month involves our Farmers Market Coupon Program. Thanks to the generosity of one of our members, who donated \$4,000 specifically toward this initiative, we are now in the position of determining how much additional funding we wish to contribute. This program continues to be a practical way to support healthy eating, social connection, and dignity for seniors while also supporting local vendors and community relationships. It is encouraging to see members stepping forward so generously to help others.

At the same time, we made the decision to cancel the Sponsorship Breakfast initiative planned for this spring. After reviewing the time, energy, and overall approach required, we concluded that it was the right decision for this year. However, this does not mean we are stepping away from building financial partnerships within the community. Instead, we will be exploring a different strategy for developing long-term support and sponsorship opportunities. In mid-April, I met with the Rotary Club to discuss possible collaboration and support, although we have not yet heard back from them. We will continue looking for approaches that build relationships thoughtfully and sustainably.

One of the greatest strengths of this organization remains the people who quietly and consistently make programs happen week after week. Rather than simply saying thank you again in the usual way, I want to recognize the Board members and volunteers as the builders of community experiences. Every program creates a different doorway into connection.

Ann and Teresa continue to create welcoming celebrations through our birthday socials, where laughter, music, and friendship often matter just as much as the cake itself. Pat continues to guide Tuesday Talks, the Music Café, and the Caregiver Support Program, helping people find information, encouragement, and support during challenging times. Doug and Donna keep our bus excursions moving forward, giving people opportunities to get out, explore, and share new experiences together. Diane Todd continues to lead Bingo with warmth, humour, and dedication, creating a space where people feel they belong. Barrie keeps pushing our marketing efforts forward and helping us strengthen our community profile. Ravi is leading preparations for the upcoming Health and Wellness Fair, which continues to grow in importance each year. Gwendolyn manages our website and social media presence, ensuring that people know who we are and what we are doing. Gilda continues her important work with the Community Resource Network, strengthening relationships and collaboration throughout the Tri-Cities. Finally, Barbara, as Treasurer, and Mary, as Secretary, continue to provide the steady organizational foundation that allows all of this work to move forward effectively.

When you step back and look at everything happening, it becomes clear that this organization is about much more than programs and events. It is about creating places where people feel welcome, useful, connected, and valued. Month after month, that sense of purpose continues to grow.

Thank you all for your continued dedication, energy, and support. Together, we are building something that truly matters for seniors and for the wider community of Port Coquitlam.

**Treasurers Report  
April 2026**

<b>Date</b>	<b>Description</b>	<b>Income</b>	<b>Expenses</b>	<b>BALANCE</b>
2026-04-01	Opening balance			\$36,612.46
2026-04-06	Payment (act port coquitlam (Bingo Rent)		\$205.94	\$36,406.52
2026-04-07	Cheque cleared #153dementia café		\$1,500.00	\$34,906.52
2026-04-08	Cheque deposit-branch (grant)	\$22,500.00		\$57,406.52
2026-04-08	Cash deposit-branch (bingo)	\$105.50		\$57,512.02
2026-04-08	Cash deposit-branch (bingo coffee)	\$43.00		\$57,555.02
2026-04-09	Cheque cleared #160 birthday socials		\$24.54	\$57,530.48
2026-04-09	CHEQUE CLEARED #159 Printing for Board		\$1,467.40	\$56,063.08
2026-04-14	CHEQUE CLEARED #158 Mail out Program		\$1,875.58	\$54,187.50
2026-04-14	Cheque cleared #155 bus excursion		\$700.00	\$53,487.50
2026-04-17	Cheque cleared #164 mail out program		\$530.88	\$52,956.62
2026-04-17	CHEQUE CLEARED #161 New Horizons City of poco Staff wages		\$6,000.00	\$46,956.62
2026-04-20	Preauthorized credit (city of port coquitlam)	\$1,080.00		\$48,036.62
2026-04-28	CHEQUE CLEARED #162		\$112.25	\$47,924.37
<b>#100096166292 Cashable 90 Day Lockout 12 Month Term Initial Deposit: 16nov2024 \$21,043.99 Maturity Date: 16nov2025 Interest Rate: 2.750% Interest Is Compounded At Maturity</b>				
2025-09-30	11-16-2024 Term deposit transfer			\$21,622.70
2025-09-30	11-16-2024 Total Term			\$21,622.70
2025-09-30	2025-05-31 Shares in Van City	\$5.02		\$5.02
2025-09-30	Petty Cash Total	\$50.00		\$50.00
2025-09-30	Total			\$69,602.09