

- l) **May Day** Preparations and recruitment – Teresa Foreman and Bev Holland to liaise with Tobie.
- m) **Health Fair committee** – Agreed at the last board meeting that we would have a Health and Wellness Fair in 2024. The date will be Saturday, June 8. Committee will meet early 2024.
- n) **Bus Excursions** – Royce/Linda Lou will contact the bus company to arrange a bus excursion in December to view Christmas lights. Possible destinations: VanDusen Gardens/Burnaby Museum
- o) **Social Activities.** Wait lists are becoming a problem as our membership grows and people want to get out and socialize after isolating during Covid. Currently the birthday party socials are held in the Wilson Lounge which provides an intimate atmosphere but only accommodates 60. **Moved** by Pat Dales **Seconded** by Karen Dobson that the birthday socials be moved to the Mabbett Hall as a one-time experiment during which members will be surveyed. **Carried** (2 nays)
- p) **Tuesday Talks.** The final talk of 2023 on Tuesday, Nov 28, will be a workshop on Hearing Health. The Nov 14th talk on Aging & Cognition was insightful and well received. January talks are booked and the committee will be meeting to arrange talks for February & March. The talks will be arranged in a 3-month block.

5. Councillor Nancy McCurrach - report

As some of you are aware I am also the City Council Designate for the Fraser Valley Regional Library (Terry Fox Library), and I wanted to draw your attention to the new Playground device available to loan. It is an easy-to-use, portable Air Quality Monitors. The library is committed to the vibrant health of our communities as well as the planet we share. Air Quality Monitors provide real-time, easy-to-understand information on air quality levels. Test your air carbon dioxide (CO2), small particulate matter (PM 2.5), formaldehyde(HCHO), and volatile organic compounds (TVOC). The goal is to provide customers a deeper understanding of air quality and its impact on individual health in their homes.

Also, there is a canvas out for children and youth to submit their holiday-themed artwork to the City for the City’s third annual Holiday Card. Artwork will be displayed on holiday cards that will be sent to seniors living in long-term care homes in Port Coquitlam with a personalized message from Council: Connecting children and youth with seniors.

6. City Report – reported by Baljit Sastry – see attached

Moved to accept the report: Ann Pratt **Seconded** Teresa Foreman **Carried**

7. President’s Report – Royce Shook – see attached

Moved to accept the report: Doug Stanbrook **Seconded:** Ann Pratt **Carried**

8. Treasurer’s Report – Royce Shook – see attached

Moved to accept the report: Linda Lou Bartlett **Seconded:** Karen Dobson **Carried**

8. New Business:

Arising from the AGM Two Concerns about Social functions.

- 1. lack of space for those wanting to attend
 - 2. the problem of access for those using walkers/wheelchairs
- These issues were discussed above (see Social Activities **(4.o)**)

3. Ruth Wilson, long-time board member, has retired from the Board.

Moved by Ann Pratt **Seconded** by Donna Stanbrook that a card and \$100 gift certificate be purchased as a thank you for Ruth. **Carried**

9. Adjournment @12.30 pm

Moved by Karen Dobson

Seconded Teresa Foreman

Carried

**Next regular Board Meeting December 13, 2023
10 am Arena Meeting Room**



President's Report for November 2023– Royce Shook

We have run into a breakdown of communications with the Bus company, and I was asked to follow up with them by Linda Lou, but have been unable to connect to this point.

The AGM went smoothly, thank you to Baljit who did a wonderful job in handling the elections. We would also like to extend a warm welcome Katelyn Allen who is now working with Baljit. We now have a full Board. Welcome to the new and returning Board members. I was asked about the duties of the executive positions that had not been filled and I sent out a notice with all of the information. Thank you to all those who got back to me. The lack of a Treasurer and a Vice President will continue to be a problem for the board.

At the AGM two issues were raised about the social activities. As was pointed out the membership is growing and one of the highlights for members are the social activities we host. Because of high demand, the Board has to look for solutions to the wait list issue as well as the accessibility issue for those with mobility devices.

Thanks to Ann and Teresa for laying the wreath at the Legion ceremony on Saturday. The event was well attended, and the Silver Cord Choir did a great job. I was wondering how the purchase of shirts was going for the Choir and did we get an idea for a design for a stand-up banner for the choir?

We have to move forward on the Helping Hands at Christmas, initiative. We also need to set a date for the Xmas lunch for the Board. Normally it is held after the December meeting which is Dec 13th. We also need to start planning how we will market our involvement in The May Day celebrations. We will need some help in the new year with planning the senior's week and our health fair. If you are interested in helping let me know.

We have completed the annual filing required by the Societies Act. The Bingo licence has been renewed. The 50/50 is not due to be renewed for a while. I have been looking for additional grants for senior organizations, but they are few and far between, so if anyone knows of any organization that could support us, let me know.

On November 16th Board has to close out the existing account at Prospera Credit Union and Transfer the money to our Van City account. I propose we put the money into a short-term deposit as we will not need the money for a while.

Monthly Treasurers Report for November Board Meeting

Prospera Credit Union					
	Description	Date	Income	Expenses	Balance
Term Deposit (Expires Nov 2023)		30-09-2023			\$ 17,632.33
Checking Account		30-09-2023			\$ 2,111.60
High Interest Savings		30-09-2023	\$ 6.36		
Total in Prospera (to be closed in Nov)		30-09-2023	\$ 6.36	----	\$ 19,750.29
Van City Credit Union					
Activity October 2023					
	Description	Date	Income	Expenses	Balance
Balance Sept 30 2023					\$ 50,134.97
Balance October 01, 2023					\$50,134.97
03-Oct	Etransfer credit		\$ 3,000.00		\$ 53,134.97
03-Oct	Etransfer credit		\$ 1,000.00		\$54,134.97
06-Oct	Cheque cleared #23			\$ 50.00	\$54,084.97
10-Oct	Cheque deposit		\$50.00		\$54, 134.97
11-Oct	Cheque cleared #24			\$63.22	\$54,071.75
25-Oct	Cash deposit-branch		\$545.55		\$54,617.30
25-Oct	Cash deposit-branch			\$ 545.55	\$54,071.75
25--Oct	Cash deposit		547.95		\$54,619.70
31-Oct	Closing balance		\$ 5,143.50	\$ 658.77	\$54,619.70
Balance October 31, 2023					\$54,619.70
Shares in Van City					\$ 5.00
Float					\$ 50.00
Totals Van City, and Prospera			\$5,149.86	\$658.77	\$74,424.99
Total Cash as of October 31, 2023					\$74,424.99