

**WILSON SENIORS ADVISORY BOARD – Minutes January 10, 2024**

**Location: @Arena Meeting Room at PCCC**

**Attendees:** Pat Dales, Karen Dobson, Joan Mullen, Ann Pratt, Royce Shook, Donna Stanbrook, Doug Stanbrook, Diane Todd, Gilda Tweedie, Linda Lou Bartlett, Bev Holland

**Regrets:** Jean Ridgewell, Ravi Seru, Teresa Foreman

**Guest:** Annie Lindsay

**City:** Baljit Sastry

**City Council Representative:** Councillor Nancy McCurrach

1. Meeting called to order @ 10.01 am
2. Motion to approve minutes of previous meeting as circulated:  
**Moved** Ann Pratt                      **Seconded** Karen Dobson                      **Carried**
3. Motion to approve Agenda as amended:  
**Moved** Diane Todd                      **Seconded** Donna Stanbrook                      **Carried**
4. **City Report** – reported by Baljit Sastry – see attached  
**Moved** Gilda Tweedie                      **Seconded** Linda Lou Bartlett                      **Carried**
5. Action Items
  - a) **Treasurer position** – still vacant. Gilda has offered to assist Royce with the treasurer’s report.
  - b) **Seniors & the age of Technology** – surveys have been tabulated and workshops will begin in March (see City report).
  - c) **Shirts and Banners for Choir** – deferred to February.
  - d) **Xmas tree removal** –thanks to everyone who helped remove the tree on Jan 7<sup>th</sup>. Tree and decorations will be stored with Doug/Donna Stanbrook.
  - e) **Helping Hands at Christmas.** We received two emails thanking us for the cards. Staff received many verbal thanks when cards were picked up. 56 of the 84 cards were picked up. Staff will attempt to call remaining 28 again. Deadline to be Jan 31, 2024.
  - f) **Bingo** report from Diane Todd. Bingo is going well, attracting a good number of new people. Monies collected to be passed to Royce monthly.
  - g) **May Day.** The May Day committee has been dissolved but our participation in May Day is not affected by the reshuffling of the work needed. Maypole dance will go ahead, dancers needed. Royce to email Bob Lee and/or the City regarding May Day activities and to express our wish to still be involved.
  - h) **Health Fair committee** – will meet Friday, January 12, 2024 at 10 am. Board members who wish to be involved include Ravi Seru, Pat Dales, Ann Pratt, Gilda Tweedie, Joan Mullen, Teresa Foreman and Royce Shook. Others invited to attend.
  - i) **Bus Excursion.** – Doug and Donna Stanbrook reported on the December 19<sup>th</sup> bus trip to VanDusen Gardens. Trip was successful overall & enjoyed by those who attended. Rain was not a factor until the end of the trip. Donna suggested that the wrapped sandwiches be more clearly marked as to contents.
  - j) **Social Activities.** The first Newcomers Tea will occur on Thursday, Jan 11<sup>th</sup> at 1 pm. Board members are invited to attend with Diane Todd and Joan Mullen acting as spokes-people for the board.

- k) **Tuesday Talks.** The first Tuesday Talk of 2024 was yesterday with 23 in attendance. The presentation was informative and well received. There was a problem with the mike/sound system which hopefully will be addressed before the next talk. Program for the months of January, February and March is as follows:  
 January 9 – Memorial Society of BC  
 January 23 – How to remain independent longer (Seniors Choice for Care)  
 February 13 – Health Active Aging (PCCC fitness leaders)  
 February 27 – Fire/Fall Prevention (Capt Chad Evans, PoCo Fire Hall)  
 March 12 – Yoga & how it can benefit seniors (Dr. Preeti Mishra)  
 March 26 – Vaccines for Seniors (Loy Shah, Wilson Pharmacy)

**Moved** by Donna Stanbrook **Seconded** by Bev Holland that (up to) \$300 be allocated for the purchase of tea/coffee and cookies for the Tuesday Talks. **Carried**

**6. Councillor Nancy McCurrach** – see attached

**7. President’s Report** – Royce Shook – see attached

**Moved to accept the report:** Karen Dobson **Seconded:** Linda Lou Bartlett **Carried**

**8. Treasurer’s Report** – Royce Shook – see attached

**Moved to accept the report:** Donna Stanbrook **Seconded:** Linda Lou Bartlett **Carried**

**8. New Business** - none

**9. Adjournment** @11.55 am

**Moved** by Karen Dobson **Seconded** Linda Lou Bartlett **Carried**

**Next regular Board Meeting February 14, 2024  
 10 am Arena Meeting Room**

Clr Nancy McCurrach reported that the Federal Government has a new grant called the Multigenerational Home Renovation Tax Credit

For the 2023 and subsequent taxation years, Budget 2022 introduced the Multigenerational Home Renovation Tax Credit (MHRTC), a refundable credit (up to \$7,500.00 for construction of a secondary suite for a senior or an adult with a disability) to assist with the cost of renovating an eligible dwelling to establish a secondary unit that enables a qualifying individual (a senior or an adult who is eligible for the disability tax credit) to live with a qualifying relation. The credit is available for qualifying expenditures made or incurred after December 31, 2022, for services performed or goods acquired after that date.

2. Who is a qualifying individual?

A "qualifying individual" is an individual (other than a trust) who is:

65 years of age or older before the end of the renovation period taxation year; or

18 years of age or older before the end of the renovation period taxation year for whom an amount is deductible under the "[disability tax credit](#)" in computing tax payable for a renovation period taxation year, or would be so entitled if the restriction for attendant care were disregarded.

**3. Who is a qualifying relation?**

A "qualifying relation" of a qualifying individual for a renovation period taxation year means an individual who is:

at least 18 years of age by the end of the year; and

at any time in the year, a parent, grandparent, child, grandchild, brother, sister, aunt, uncle, niece or nephew of the qualifying individual or the qualifying individual's cohabiting spouse or common-law partner.

More information can be found on the Canadian Federal Government website at

<https://www.canada.ca/en/revenue-agency/programs/about-canada-revenue-agency-cra/federal-government-budgets/budget-2022-plan-grow-economy-make-life-more-affordable/multigenerational-home-renovation-tax-credit.html>

A new building code for BC is about to be unveiled as of March 8/2024. Any concerns please let your MLA know.

- The Province has adopted the 2024 editions of the British Columbia Building Code, including Book II Plumbing Systems, and Fire Code (BC Codes 2024) which will come into effect on March 8, 2024.

For information on how to download a free copy of the new BC Codes 2024, please visit the [Building and Safety](#)

[Standards](#) website. Print publications are anticipated to be available for purchase online later in 2024.

[https://www2.gov.bc.ca/assets/gov/farming-natural-resources-and-industry/construction-industry/building-codes-and-standards/images/bcbc\\_2024\\_cover\\_1x1\\_aspect.png](https://www2.gov.bc.ca/assets/gov/farming-natural-resources-and-industry/construction-industry/building-codes-and-standards/images/bcbc_2024_cover_1x1_aspect.png)

**Wilson Centre Seniors' Advisory Board Van City Account**

December, 2023	Description	Date	Income	Expenses	BALANCE
	Balance	2023-12-01			\$54,579.70
	Cheque 27 cleared To city for kitchen	2023-12-02		\$ 4,000.00	\$50,579.70
	Cash Deposit Bingo	2023-12-05	\$355.00		\$50,934.70
	Cheque 25Bus Excursions Paramount	2023-12-13		\$ 1,575.00	\$49,359.70
	Official Cheque Fee	2023-12-13		\$9.95	\$49,349.75
	Official Cheque Save On Foods Helping Hands at Christmas	2023-12-13		\$ 7,567.00	\$41,782.75
	Cheque #37 Board Lunch Royce	2023-12-14		\$ 249.32	\$41,533.43
	Cheque #34Gift for Ruth Wilson (Royce)	2023-12-14		\$ 107.95	\$41,425.48
	Cheque #28 Royce reimbursement	2023-12-14		\$ 10.00	\$41,415.48
	Deposit Farmers Market rebate	2023-12-14	\$800.00		\$42,215.48
	Deposit Display Case Sales	2023-12-14	\$336.15		\$42,551.63
	Cheque # 31 Rental of Bingo Hall PoCo	2023-12-20		\$ 388.08	\$42,163.55
	<b>Totals</b>	<b>2023-12-31</b>	<b>\$1,491.15</b>	<b>\$13,907.30</b>	
INVESTMENTS TERM DEPOSIT #100093313640 NON-REDEEMABLE ANNUAL 12 MONTH TERM DEPOSIT TRANSFER 5.350% INTEREST					
	<b>Term Deposit</b>	<b>2023-12-31</b>	<b>\$19,972.53</b>		<b>\$19,972.53</b>
	Shares in Van City	<b>2023-12-31</b>			\$5.00
	Float	2023-12-31			\$50.00
		2023-12-31			
	<b>Totals Van City ands Float</b>	<b>2023-12-31</b>			<b>\$62,141.08</b>

**Programming/Events (Baljit)**

- Helping Hands Gift cards were distributed before Christmas
- Jan 25<sup>th</sup> Robbie Burns Luncheon – Luncheon is full
- Age of Technology – Staff have gathered the information and are currently working on logistics. We are aiming to start in March 2024.
- Working with CVITP to look at Income Tax Clinic logistics
- Registration for Maypole dance is now open
- Terry Fox Library is looking for Library Champions. This initiative is for new immigrants to help other new immigrants with the goal of making connections in community. For more information, please go to [www.librarychampion.ca](http://www.librarychampion.ca)

**Kitchen Update (Baljit)**

- Sam is returning on a gradual return to work as of Jan 15<sup>th</sup>

**New Horizons Grant (Baljit)**

- New Horizons Grant – We are moving forward with the Lunar New Year lunch scheduled on Thursday Feb 8<sup>th</sup>, developing the Volunteer Program Champions program and reviewing/adding/replacing some of our equipment to make programs barrier free.

**Communication/Engaging Seniors (Carrie)**

- Reviewing communication in the Leisure Guide with the goal to provide inclusive, welcoming language for seniors
  - Program descriptions
  - Highlighting seniors events
- Working with the Business Analyst team to send automated renewal notices when Wilson Seniors Memberships are up for renewal

**Port Coquitlam Community Centre – Pool Closure (Carrie)**

- The pool at PCCC is currently closed for 2 months due to maintenance.
- Hyde Creek will remain open and will have extended hours on the weekdays until 10:00pm and on the weekend until 9:00pm

**Leigh Square Re-Development**

- Slated to be completed sometime in Fall of 2024

## President's Report for January 2024– Royce Shook

Happy New Year! I trust that everyone had a fantastic time with their loved ones during the holiday season. It's truly heartwarming to share the success of our "Helping Hands at Christmas" initiative, which has received two heartfelt thank-you emails from seniors who found support in the thoughtful cards over the holidays. On another positive note, we received a heartfelt thank-you email from ex Board member, Ruth Wilson, expressing gratitude for the generous gift and acknowledging the hard work we put into serving Wilson Seniors. Such messages remind us of the impact our efforts have on individuals in the community.

As we step into the new year, our calendar is filling up with exciting events. The Christmas luncheons were a hit among seniors, setting a positive tone for what lies ahead. We are thrilled about the upcoming Tuesday Talks, and don't forget to mark your calendars for our tea welcoming new members in January. Additionally, we'll be joining the city in celebrating Robbie Burns with a Lunch on January 25th.

February promises to be a month full of joy and camaraderie. We have two social events planned, the first being a collaboration with the city to celebrate the first new moon of the lunar calendar on Feb 8 from 12:30 - 2:30 pm. The second event is our birthday social on Feb 22 from 1:00 – 3:00 pm, themed around Leap Year to honor our January and February member birthdays. Expect entertainment, snacks, and delightful desserts!

Regarding the Maypole festivities in May, we've begun recruiting members to dance and actively participate in this community celebration. However, I received a message from Bob Lee, the former May Day Chair, sharing the challenges faced by the May Day Committee and dissolving the committee. Despite this, the city appears to be interest in working continuing the tradition of the parade, showcasing the strength of community collaboration.

Special thanks to Councillor Nancy McCurrach for sharing information about the Travelling Nurse. I also look forward to exploring potential opportunities through the Microsoft program for non-profits in the coming month.

As we kick off the new year, let's continue our commitment to making a positive difference in the community. Your dedication and service are truly commendable. Thank you for your ongoing support, and here's to a year filled with shared joy, growth, and meaningful connections!