

WILSON SENIORS ADVISORY BOARD – Minutes May 10, 2023

Location: @Arena Meeting Room at PCCC

Attendees: Royce Shook, Ann Pratt, Karen Dobson, Pat Dales, Teresa Foreman, Donald Seeley, Rohinton Unwalla, Linda Lou Bartlett, Joan Gould, Ruth Wilson, Joan Mullen

Regrets: Gilda Tweedie, Kathleen Nicholles, Jean Ridgewell

City: Baljit Sastry, Carrie Nimmo

City Council Rep: Nancy McCurrach

1. Meeting called to order @ 10.00 am

2. Motion to approve minutes of previous meeting:(add Joan Mullen to attendees)

Moved Karen Dobson **Seconded** Linda Lou Bartlett

Carried

3. Move to approve Agenda as circulated:

Moved Linda Lou Bartlett **Seconded** Ann Pratt

Carried

4. Action Items

a. Seniors & the age of Technology.

This issue was raised at the Mayor's Round Table. Workshops are planned for the fall. Royce is working on a Google account for us.

b. Health Fair committee report. About 80 letters/applications have been sent out. 23 applications returned to date. More action will occur after May Day events.

c. Vice-President position: still open

d. Ongoing activities:

i. Reminder of next social gathering on Thursday, May 18th at 1 pm. Afternoon Tea with finger sandwiches, scones & pastries. Wear your fanciest hats or fascinators and bring your favourite teacup and saucer.

ii. Partial list of activities for May and June:

- Pancake breakfast (free for members) Monday, June 5th at 10 am in the Wilson Lounge. Activity #82207.
- Paint afternoon for Wilson Senior members only. Paint your own sunset guided by an art instructor. All materials provided. Wednesday, June 7th at 12 pm in the Small Multipurpose Room. Activity #82206.
- Luncheon (free for members). Live entertainment, lunch, refreshments and dessert. Thursday, June 8th at 12.30 pm in the Mabbett Hall. Non-members: \$10.00. Activity #82206.
- Health & Wellness Fair. Join us for door prizes and other giveaways to see what is locally available for personal health, fitness and quality of life. Entrance is FREE so bring your friends and family. Saturday, June 10th 10:00-4:00pm in the Mabbett Hall.

iii. Tuesday Talks:

- a. April 18 – Representative Agreement
- b. May 9 – Palliative Care
- c. May 23 – Children raised by Relatives (CANCELLED)
- d. June 6 – Aging in Place
- e. June 20 – Wills

Joan Gould reported on the program for the fall. More information to come. The Tuesday Talks are becoming more popular as word gets around.

iv. 100th May Day. 3 golf carts have been secured. People to meet between 9:00 – 10:30 at the designated marshalling spot on Rindall Avenue, station number B9. Royce has had 2 banners made to go on the golf carts advertising Wilson Centre Seniors.

Moved by Don Seeley **seconded** by Linda Lou Bartlett that Royce be reimbursed \$137.00 for the cost of the banners. **Carried**

v. Bus trip to Fort Langley Friday, May 26th. Lunch to be provided. A few spaces still available.

A request for refunds has been made on the last trip to the Planetarium.

Moved by Linda Lou Bartlett, **seconded** by Don Seeley that no refunds be given. **Carried**

Royce to send an email to the people concerned explaining the board's decision.

vi. Revisions to the Societies Act. These are minor revisions but people planning to stay on the Board should review them.

5. City Report – reported by Baljit Sastry – **see attachment**

Moved to accept the report: Linda Lou Bartlett **Seconded** Rohinton Unwalla **Carried**

6. City Council Rep – Nancy McCurrach – **see attachment**

Moved to accept the report: Linda Lou Bartlett **Seconded:** Rohinton Unwalla **Carried**

7. President's Report – Royce Shook

I secured two cars for members to ride in for the Mayday parade from Brian Wormald and we were able to rent the last two golf carts available. I also created two banners that we can use in the parade and in the hall.

At the Mayors round the RCMP did an overview of its strategic plan and the City did a report on the survey about Transit and seniors perspectives on using transit. I was asked to find out about the Kingsway widening and I found out it will be started by 2024. The issue is the number of new industrial businesses moving in and the number of semi's turning in and out of this road.

The Health Fair has 22 applications, not including any from the city or the Recreation center. I also want us to have a booth at the fair so we will be looking for volunteers to not only set up but to man the booth.

Tuesday Talks are still very successful thanks to Joan for all the work she is doing for this initiative.

We have received our funding for the New Horizons Grant for next year, and we will be meeting with the City after May Day week is over to start planning. If you are interested in helping let Baljit and I know so you can come to the first meeting. I completed the report on last year's grant and it is attached to the agenda for the Board's information.

Bus excursions are back, and Bingo is drawing more people which is good news.

Moved to accept the report: Karen Dobson **Seconded:** Ann Pratt **Carried**

8. Treasurer's Report – Rohinton Unwalla – **see attachment**

Moved to accept the report: Joan Gould **Seconded:** Ruth Wilson **Carried**

9. New Business:

1. **Moved** by Ann Pratt, **seconded** by Linda Lou Bartlett that the Board review a previous decision by the Board to not reimburse people who donate items the Centre. It was suggested that we consider a grandfather clause.

Decision to be made at the June board meeting. **Carried**

2. Pulse check re how Seniors are adapting to the new recreation facility. **See report by Councillor McCurrach.**

3. Name badges.

Moved by Ann Pratt, **seconded** by Pat Dales that we look to purchase a dozen new name badges for board members. **Carried**

10. Adjournment @ 12 pm

Moved Karen Dobson **Seconded** Joan Gould **Carried**

Next Board Meeting June 14, 2023 at 10 am

May 2023

Community Account: Vancity	Date	Income	Expenses	BALANCE
Opening Balance				\$54,559.09
Cash float				
Display Case sale	5/2/2023	\$6.00		\$54,565.09
Bingo 50/50 of April 26, 23	5/2/2023	\$20.00		\$54,585.09
Bingo 10% of April 26, 23	5/2/2023	\$7.05		\$54,592.14
Bingo Drop-in of April 26, 23	5/2/2023	\$33.50		\$54,625.64
Poco Permit-Feb/Mar?Apr	Chq#14 5/2/2023		\$824.63	\$53,801.01
May Day banners- Royce	e-trf 5/10/2023		\$137.69	\$53,663.32
Bank charge			\$0.90	\$53,662.42
LISAJHUPPEE	e-trf 5/16/2023	\$50.00		\$53,712.42
CHELSEAMSHORT	e-trf 5/17/2023	\$50.00		\$53,762.42
SUSANNEFRY	e-trf 5/17/2023	\$45.00		\$53,807.42
SAFECAREHOMESUPPORTLTD	e-trf 5/17/2023	\$50.00		\$53,857.42
NANCYFRERS	e-trf 5/17/2023	\$50.00		\$53,907.42
Benevity Community Impact Fund	e-trf 5/19/2023	\$29.74		\$53,937.16
Rotary Club	5/19/2023	\$2,500.00		\$56,437.16
TOPS CLUB	CHQ#404 5/19/2023	\$45.00		\$56,482.16
Dimitrios Harvalias	e--trf 5/22/2023	\$45.00		\$56,527.16
Westcoast Physio	Chq 5/23/2023	\$50.00		\$56,577.16
Bingo-10% [May3, 23]	5/23/2023	\$6.50		\$56,583.66
Bingo-Drop-in [May3,23]	5/23/2023	\$36.00		\$56,619.66
Bingo-10% [May 17, 23]	5/23/2023	\$5.50		\$56,625.16
Bingo-Drop-in[May 17,23]	5/23/2023	\$31.90		\$56,657.06
Bingo-10% [May 10, 23]	5/23/2023	\$6.00		\$56,663.06
Bingo-Drop-in [May 10, 23]	5/23/2023	\$37.00		\$56,700.06
Hear at Home Mobile Hearing	e-trf 5/23/2023	\$50.00		\$56,750.06
Short Timothy	e-trf 5/26/2023	\$50.00		\$56,800.06
Aster Wellness	e-trf 5/26/2023	\$50.00		\$56,850.06
Brite Smile	e-trf 5/27/2023	\$50.00		\$56,900.06
NETWORK HEARING HEALTH LTD	e-trf 5/28/2023	\$200.00		\$57,100.06
Madaski Enterprises	e-trf 5/30/2023	\$50.00		\$57,150.06
Bingo-10%- May 24,2023=\$6.50	6/1/2023	\$40.00		\$57,190.06
Bingo-drop-in-May 24, 2023=\$33.50				
Yvonne Camire	5/31/2023	\$40.00		
		\$3,634.19	\$963.22	\$57,230.06
Cash float				\$50.00

Program Updates

- The Free Income Tax Clinic that is run through the CVITP (Community Volunteer Income Tax Program) and the Rotary is now complete. We had a total of 78 people come through the Free clinic.
- Seniors week plans are being finalized (June 5- 11). As of right now we will have the following:
 - Pancake Breakfast – Monday June 5th – 10:00am
 - Tuesday Talk – Aging in Place – Tuesday June 6th – 1:30pm
 - Artist in Residence writing workshop – TBD
 - Paint Afternoon – Wednesday June 7th – 12:00pm
 - Celebration Luncheon – Thursday June 8th – 12:30pm
 - Health and Wellness Fair – Saturday June 10th – 10:00am – 4:00pm
 - Bring a friend – Friends of a Wilson Centre Member can drop in to a Wilson Centre drop-in with their friend for FREE to try a new activity all week. Details TBD
- Upcoming Afternoon Tea on May 18th is sold out
- Upcoming June Social on June 22 has some spots still available
- Fort Langley Bus trip currently has a few spots left

Membership

As of Monday May 8th, we are at 999 members. There has been a steady incline in membership since January and a lot of new faces who have either moved into the City or are using the pool, outside pickleball courts, weight room and then coming to the Lounge after for a social with their friends.

Wilson Seniors Advisory Board Meeting May 10th/23

City Council Designate for Seniors

Councillor Nancy McCurrach: during President Royce's report she suggested a letter be drafted to express concerns regarding the fact that there needs to be washrooms along the Skytrain routes. Other cities around the globe have public washrooms at public transit stations. It is recommended for more people to use transit; therefore, washrooms are basic necessities to have at sky train locations. Royce said he will draft a letter.

- that at Council on May 9th she complimented how the seniors May Day dancing was very well received. Other Councillors also voiced their appreciation for the seniors that took part.
- that she was delighted to be the spokesperson for one of the lifetime volunteer recipients – this being Ann Pratt (member of the Wilson Seniors Advisory Board) – also Bryan Ness was the other Lifetime Award recipient.
- that she was the City's spokesperson at Crossroad's Hospice 21st Annual Hike for Hospice at Hyde Creek; the goal is to fundraise \$50,000 and 100% of the funds go back into the Tri-Cities to palliative patients and their loved ones.
- At the May 9th Committee of Council meeting she advocated for more seniors housing; based on the housing needs assessment report: 53% or 395 dwellings are core housing needs; immediate and anticipated housing needs for seniors.

New Business:

- Pulse Check – Wilson Seniors Centre: the old dedicated facility previously for seniors: now shared with Youth in the new PCCC – (COVID) delayed this feedback. It needs to be documented. Everyone's voice is important. Cllr McCurrach requested feedback in writing either to herself or staff (comfort level up to the senior) and to bring them back for next meeting in June; so that staff can work on finding some solutions. Overall it was noted that the seniors say they were never consulted on the planning. (Could there be a locker made to store goods and materials listed below in a dedicated spot?)
- Current list: Silver Cord Choir need place to store (instruments and music) currently members are taking items home or leaving in car trunks – used to be stored in the old Wilson Centre. Downfall is if someone is absent and has the instruments or music it leaves the group in a bind.
- Record storage for Wilson Seniors Advisory Board – ledgers/meetings etc: not the best to be stored in someone's basement; as these records are important.
- Bulletin Boards
- Concerns about space sharing with youth for Pro-Dee Days and summer months; also time of day for seniors ending at 3:00 pm (request to extend time)
- Missing snooker/pool tournaments with other municipalities
- Request for carpet bowling
- Northside Hyde Creek outreach: need activities planned North Side as well for seniors. (Bal and Carrie indicate something is in the works)
- Trophy Case – plexiglass? (Bal has some thoughts on what to do)
- Request for more greens (plants) etc inside PCCC (Carrie has some thoughts)
- Missing celebration of life for senior members that have passed: (reinstate every 3 months?) Bal has offered to work on bringing this back)
- Others might have taken down more notes – please add them.
- Many compliments heard in regards to Baljit's work with the seniors.

Working towards solutions is the goal.

Respectfully submitted, Nancy McCurrach