

**WILSON SENIORS ADVISORY BOARD – Minutes February 8, 2023**

**Location: @Arena Meeting Room at PCCC**

**Attendees:** Royce Shook, Karen Dobson, Pat Dales, Jean Ridgewell, Gilda Tweedie, Donald Seeley, Joan Mullen, Teresa Foreman, Rohinton Unwalla, Ann Pratt, Linda Lou Bartlett, Ruth Wilson

**Regrets:** Joan Gould, Kathleen Nicholles, George Lucas, Lucie Harcus

**City:** Yvonne Comfort, Baljit Sastry, Councillor Nancy McCurrach

a) Meeting called to order @ 10.03 am

b) Motion to approve minutes of previous meeting:

**Moved** Linda Lou Bartlett **Seconded** Karen Dobson

**Carried**

c) Move to approve Agenda as circulated:

**Moved** Linda Lou Bartlett **Seconded** Gilda Tweedie

**Carried**

d) Action Items

a. Seniors & the age of Technology. Don & Baljit met to discuss format: complexity of problems, dates/times, getting the word out. Program should be sustainable with (potential) partners youth & library. Timeline of April/May hopefully.

b. Health Fair committee of Gilda, Ann, Royce & Pat had initial meeting with Baljit. Looking at Saturday, June 10 using the Mabbett Hall. Applications for table rental (\$50) to be submitted by April 15.

c. Vice-President position: tabled.

d. Accountant change: tabled.

e. Social gatherings:

i. Reminder of next birthday social February 16 for January/February birthdays. Theme of Perfect Pairs.

ii. Tuesday Talks are attracting 10-20 people. They need to be better advertised.

a. Feb 14 – Advanced Care - COSCO Health & Wellness

b. Feb 28 – Advanced Road Assessment

c. March 7 – Power of Attorney –

d. March 21 – Emergency Preparedness

e. April 4- Medical Assistance in Dying

h. May Day. Email from Tobie Dickson asking if seniors would be interested in performing in the May Pole dances during the Opening Ceremonies on May 5<sup>th</sup>.

Royce asked board members to provide other suggestions if the May Pole dancing is not an option.

**Moved** by Linda Lou Bartlett **Seconded** Teresa Foreman that we enter the May Day Parade. **Carried**

i. Grants: We are projected to have about \$3,000 left in the bus excursion budget and the same in the social & workshop budgets from the grant monies for a total close to \$5,000 to spend before March 31, 2023.

Discussion: another bus trip was suggested. Board members asked to pass on bus trip ideas to Linda Lou Bartlett.

j. Intergenerational activities: Baljit to connect with Jorma (youth coordinator) with the aim to start activities in the fall. Suggestions: gardening

k. Bingo is losing money. Motion for bingo committee to raise entrance fee up to \$2 for members, \$3 for non-members. **Moved** Gilda Tweedie **Seconded** Linda Lou Bartlett **Carried**

e) City Report – reported by Baljit Sastry/Yvonne Comfort – see attachment

**Moved** to accept the report: Jean Ridgewell

**Seconded** Linda Lou Bartlett

**Carried**

f) President's Report – see attachment

**Moved to accept the report:** Gilda Tweedie

**Seconded:** Linda Lou Bartlett

**Carried**

g) Treasurer's Report – **received by email**

**Moved to accept the report:** Gilda Tweedie

**Seconded:** Linda Lou Bartlett

**Carried**

h) Councillor Nancy McCurrach. – no report

i) New Business – email from Gwendoline re Stories for website (see President's Report)

j) **Adjournment @ 11.30 pm. Moved** Linda Lou Bartlett

**Seconded:** Teresa Foreman

**Carried**

Next Board Meeting March 8, 2023 10 am

## Presidents Report February 2023

It has been another quiet month. The Board met with Coastal Credit Union and opened up the account. The transfer to Van City is almost done. We are keeping the Prospera account open until all the checks written in Dec and early Jan have been cleared. We have or will soon transfer the remaining monies to our new Van City account.

The Bingo is still going well and some of the super seniors who attend are willing to pay the admission fee, which will help Bingo move closer to a break-even position and the drop-in fee was enough to cover the rent. We have been contacted by a Board member at Glen Pine who is interested in setting up bingo at Glen Pine. I answered all of their questions.

We received a request from Glacier Media to place an ad in the seniors guide they are producing for the Tri-Cities. I said no as the cost was prohibitive. They then said they would list us in the guide, and asked what we would like to see in the listing. I don't know if they will list us this way, but I sent them the following:

*The Wilson Centre Seniors' Advisory Association is open to seniors 60 years plus. We operate only in Port Coquitlam. We have been a registered charity since 1992. During our 30-year history, the Association has been an advocate for seniors in Port Coquitlam, promoting and developing year-round educational and recreational programs and activities, by advising, advocating, and promoting the well-being of seniors in the community. We also provide monetary grants to needy seniors for poverty relief confidentially. Our members receive a discount when they take part in the city's recreational and social programs. You can get in touch with us by email at [wilsonseniors@portcoquitlam.ca](mailto:wilsonseniors@portcoquitlam.ca), or drop by one of our two Web pages at <https://wilsonseniors.ca/> or <https://www.portcoquitlam.ca/recreation/facilities-amenities/wilson-seniors>. You can also visit our Facebook Page. Or drop by the Wilson Lounge at 2150 Wilson Avenue, which is in the Port Coquitlam Community Center.*

I recently represented the Board at an anti-racism workshop and met with the organizer Yusuf Siraj. After the meeting, he sent me some information about his organization that I thought I would share. They are doing some great things and should be supported. If you want to learn more, go to the Foundation for a Path Forward at [www.foundationforapathforward.org](http://www.foundationforapathforward.org). or at their new website: <https://www.foundation4ward.org/>

On the agenda is a request for more information about the May Day which we need to consider. There has been little or no uptake from previous Royal Parties to our request to come forward and be part of the 100<sup>th</sup> party.

The Health Fair committee is moving ahead and had a good first meeting, and have set timelines, prices and deadlines as well they have started on a list of business. A great start.

Joan needs some help on the Tuesday Talks. They are doing well and have averaged about 20 people per workshop.

Rohinton has taken over as Treasurer and will be looking at protocols and procedures to see what changes he thinks need to be made so while he is learning please give him your support.

Gwendoline suggested that a board member be assigned to continue to do a write up under STORIES about our events with pictures, etc. for the Web page. She thinks with will keep the page more relevant. I agree, do we have a volunteer.

## January 2023

- January was a busy month.
- Membership has been on the incline and the Rec Leaders staff have been doing lots of new member orientations.
- Robbie Burns Luncheon had 72 registered and Haggis was served
- Armchair Travel had a slow start but for February we have 16 registered. Larry who is a regular senior table tennis player presented on Croatia. It was very well received. Our next Armchair Travel is on March 6<sup>th</sup> and we will be “travelling” to Egypt. Pat who is a regular visitor of our lounge will be presenting. If anyone would like to present on a destination, please connect with Melissa
- Seniors week is June 5-11 and the planning for that has begun.
- Free income tax clinic run through the Canadian Volunteer Income Tax Program every Saturday in March and April from 12:30pm- 4:00pm (appt are 30 min) and by appointment. This clinic is for those seniors with low-modest income and have simple tax situations.
- Construction at Veterans Park has started. Leigh Square construction is slated to begin soon (dates to be confirmed still). Some Wilson Seniors activity groups will be affected. We are working with these groups and started initial conversations of different options
- We will be looking at posting Farmer’s Market Coupon application in April once we know how many have been allocated to us from the BC Farmers Market Association.

**February 2023**

**Community Account:**

**Date**

**Income**

**Expenses**

**BALANCE**

Opening Balance

Feb.1, 23

**\$43,984.82**

Cash Deposits

Bingo

Drop-in

Jan. 18, 23

\$16.00

Jan.25, 23

\$26.55

Feb.1, 23

\$22.50

Feb.8, 23

\$12.00

Feb. 15, 23

\$27.05

Feb. 22, 23

\$30.00

Sub-total

\$134.10

10%

Jan25., 23

\$7.25

Jan.18, 23

\$6.20

Feb.1, 23

\$6.00

Feb. 8, 23

\$4.00

Feb.15,23

\$5.00

\$5.00

Sub-total

\$33.45

50/50

Feb.1, 23

\$20.00

Sub-total

\$187.55

\$187.55

Petty Cash Deposit

\$6.00

Display Case Sales	\$175.00
Board of Directors-B'day Party	\$50.00
Bc Association of Farmers' Market	\$750.00
Total on Feb.18, 23	\$1,168.55
Cheque book binder Feb.5, 23	\$39.90
e-trf charge Feb.5, 23	\$0.90
Music Variations Feb.6,23	\$315.00
Port Coquitlam-Rent Feb. 8,23	\$388.00
Poco City-Food at Vancouver Aquarium Feb. 18,23	\$168.00
Paramount-Day trip(Aquarium) Feb. 22, 23	\$3,570.00
	<b>\$2,337.10</b>
	<b>\$4,481.80</b>
	<b>\$41,840.12</b>
<b>Porspera</b> Opening Balance Feb.1,23	<b>\$1,670.79</b>
Term Deposit	<b>\$17,632.33</b>