

WILSON SENIORS ADVISORY BOARD – Minutes January 11, 2023

Location: @Arena Meeting Room at PCCC

Attendees: Royce Shook, Karen Dobson, Pat Dales, Joan Gould, Jean Ridgewell, Gilda Tweedie, Donald Seeley, Joan Mullen, Teresa Foreman, Rohinton Unwalla, Lucie Harcus, Ann Pratt, Linda Lou Bartlett (late)

Regrets: Kathleen Nicholles, George Lucas, Ruth Wilson

City: Yvonne Comfort, Baljit Sastry, Councillor Nancy McCurrach

a) Meeting called to order @ 10.02 am

b) Motion to approve minutes of previous meeting:

Moved Don Seeley **Seconded** Karen Dobson

Carried

c) Move to approve Agenda as circulated:

Moved Ann Pratt **Seconded** Lucie Harcus

Carried

d) Action Items

- a. Thanks to Karen, Jean, Lucie & Joan Gould for taking down the Xmas tree. The tree is now stored in Royce's garage.
- b. Helping Hands at Christmas successfully saw \$70/person distributed despite a late start & language problems. Review & earlier start (September) is recommended.
- c. Seniors & the age of Technology. Don & Baljit will meet & report back in February re dates/times. Discussion: program should be sustainable with (potential) partners youth & library. Timeline of April/May hopefully.
- d. Health Fair. Committee of Gilda, Ann, Karen & Pat to meet with Baljit. Report back in February.
- e. Vice-President position: tabled.
- f. Accountant change: tabled.
- g. Social gatherings:
 - i. Next birthday social is February 16 for January/February birthdays.
 - ii. Tuesday Talks are attracting 10-20 people. Need to be better advertised.
 - a. January 10 – COSCO Health & Wellness presented a workshop on Personal Planning Overview.
 - b. January 24 – Transit Police & Translink will cover the safety supports in place on buses, Skytrain & Skytrain stations.
 - c. Feb 14 – Advanced Care – speaker not confirmed
 - d. Feb 28 – Advanced Road Assessment
 - e. March 7 – Power of Attorney – speaker not confirmed
 - f. March 21 – Emergency Preparedness
 - g. April 4- Medical Assistance in Dying
- h. May Day: see Press Release
- i. Grants: We are projected to have about \$3,000 left in the bus excursion budget and the same in the social & workshop budgets from the grant monies for a total close to \$5,000 to spend before March 31, 2023.
- j. Intergenerational activities: Baljit to connect with Jorma (youth coordinator) with the aim to start activities in the fall.

e) City Report – reported by Baljit Sastry/Yvonne Comfort

Christmas Season

- We ended 2022 with the Christmas Tea (serving 60 seniors), Christmas Luncheon (serving 150 seniors). The Christmas Tea was sponsored by Aspira Retirement Living where we provided tea/coffee and Mayfair & Astoria provided the treats and goodies. The Luncheon was sponsored by Harken Towing & Tidal Towing. Aspira Retirement Living provided the dessert and Cat & Fiddle provided the lunch.

- All the recipients were called for the Helping Hands programs with some very appreciative & surprised recipients.

2023 Programming

- Programs are running well but some have been cancelled due to low attendance (a lot of seniors are somewhere warm and coming back later this season).
- We have had an initial conversation with the Library and will be partnering with them on a couple of new programs in the upcoming months (Tea and Books, Armchair Travel). The Library will also now hand out the What's Up Wilson going forward.
- Coffee with the Mayor has been scheduled for Monday, Feb 27th. We are working on logistics and will have information in the upcoming Feb What's Up Wilson.
- Volunteer Income Tax Program is being finalized. We have been approved to be a host facility with the CVITP and the volunteers from Rotary have agreed to come back. The clinic will be on Saturday afternoons for low income seniors who meet CVITP criteria. Clinics will run March and April and will be free.

Leigh Square Construction

Construction at Veterans Park has started. Leigh Square construction is slated to begin soon (dates to be confirmed still). Some Wilson Seniors' activity groups will be affected. We are working with these groups and started initial conversations of different options.

Moved to accept the report: Gilda Tweedie

Seconded Ann Pratt

Carried

f) President's Report

Happy New Year to the Board and their families. My hope is that you have a wonderful New Year. It has been another quiet month. The Board met with Coastal Credit Union and opened up the account. VanCity has been an interesting transition and my thanks to Lucie for helping us find our way through. With luck the transfer should be done by the end of the month.

Jean, Gilda, Joan and Karen took down the Christmas tree. I have the tree and ornaments stored in my garage. I met with Rohinton and Lucie and once the funds are transferred over to VanCity Lucie will transfer the files to him and he will officially become our Treasurer. My thanks to both of them as we navigate through the transfer. I hope to meet with AAB Tax in January to determine if they can help us with our Accounting.

I am in the process of trying to find our Certificate of Incorporation and hope to have that soon. The Bingo is still going well and some of the super seniors who attend are willing to pay the admission fee which will help Bingo move closer to a break even position. They held their first 50/50 draw and made \$18.00 which also helps.

Moved to accept the report: Jean Ridgewell

Seconded: Gilda Tweedie

Carried

g) Treasurer's Report – Lucie Harcus. See attached email.

Moved to accept the report: Gilda Tweedie **Seconded:** Linda Lou Bartlett

Carried

h) Councillor Nancy McCurrach. City Council Representative for the Wilson Seniors Advisory Board

Cllr Nancy McCurrach reported that at the next Council Meeting she would let the public know about the Tuesday Talks. She also raised the question about the Wilson Seniors website possibly having a reference to the Wilson Seniors Facebook page. This will increase communication for more seniors to know about programs, etc. Royce commented that he will have the person responsible for the website do more updating of information as it hasn't been done in awhile.

i) New Business - nothing

j) Adjournment @ 11.30 pm. **Moved** Linda Lou Bartlett **Seconded:** Teresa Foreman

Carried

Next Board Meeting February 8, 2023 10 am