

WILSON SENIORS' ADVISORY BOARD
Date & Time: May 12, 2021 @ 10:00 A.M.

Attendees: Royce Shook, Gwendoline Turpin, Karen Madill, Pat Dales, Karen Dobson, Juanita Franco, Joan Mullen, Linda Lou Bartlett

Regrets: Teresa Foreman, Sharon Martin

City Staff Present: Yvonne Comfort, Chris Eastman

Meeting called to order @ 10:07 A.M.

Minutes of previous meeting approved by Juanita. Seconded by Karen Dobson. Approved.

Adoption of proposed agenda. Approved following small change to have to have Yvonne speak first.

(Motion to adopt agenda: No motion made.)

Action items:

Reports:

Staff report: City: Yvonne: PC3 project unchanged. Questions were invited. Gwendoline asked if the pool windows all opened to the outside and could thus allow indoor-outdoor pool activities.

Yvonne explained: not all pool windows open and BC would not approve those activities yet. Also, this is still a construction site until early fall. Small group Aquafit and a few other small group adult activities will be allowed. Some adult activities will be scheduled for Aggie Park. The challenge in finding appropriate outdoor space includes finding parks with toilets available.

Chris Eastman: The summer/fall indoor/outdoor Senior programs are being reviewed, including the walking programs. The Spanish and Line Dancing Program leaders have been contacted. Royce asked for Frisbee Golf. It will be considered.

The Farmer's Market applications for coupons have been mailed out for those who qualify to get free fresh fruit and vegetables. The deadline for the applications to be is May 27. Over 37 will be selected to receive the coupons.

The Tax Program has completed 69 senior's income taxes for free. The Rotary Club helped support this program. which has been extended to May 31.

Chris makes up to 15 Birthday calls to seniors on or near their birthday every week. He assesses presence of family or support people on this day and what outstanding needs they may have. He can offer resources and arrange for specific help as needed, i.e., BC211. Each call takes on average 8 minutes.

(BC211 is a hub for resources for a wide range of needs, i.e.: help for gambling addiction.)

Phone Buddies: Rob Loxterkamp, the volunteer manager, is looking for a couple more initial callers since several callers have recently left the program. The seniors being called on this program are 75 years old or older.

Motion to accept Staff Report: Janita. Seconded: Karen D. Motion carried.

President Royce: will send out a Press Release re seniors' programs for seniors' week.

No new information is available on Grants, except Royce put in an application for gender equity in the Give It A Try program. Wilson programs support 10 low-income seniors at the Farmer's Market.

Motion to take round up the monies left over from the Honorariums received from the Farmers' Market and the money received from Mayfair Terrace Retirement Residence into the Farmers' Market coupon program so more seniors can be sponsored. Moved: Pat D. Seconded: Juanita. Motion carried.

Motion to move \$600.00 honorarium received from the Farmer's Market funds to the Coupon program was moved by Juanita, seconded by Karen D., and carried.

Grants requested from TELUS and Age Well Canada are still waiting for responses. Asked them to fund the Farmer's Market Coupon Program.

Chris discussed plans for Seniors' Week and upcoming program and recommended them.

Motion to accept President's Report: Juanita . Seconded: Karen D. Motion carried.

Wendy and Royce are members of the Tri cities Action Society. The Society asked Gwendoline if they would like to become a corporate member. Royce, who joined to be sure whether we could be in conflict with them, said he wanted to wait to see how their programs function and consider being a corporate member in the fall.

Royce reported that Lawyers "Lawyers and Latte", a Toronto based firm with an office in Vancouver, is

offering to do wills for \$250.00. They will also do Recognition Agreements and Power of Attorney forms.

Vice-President Gwendoline Turpin: said she had nothing to report.

Treasurer Karen reported she is updating the accounting style we have been using so we can have detailed reports and know where the money came from or where it went. She predicts that at our present pace of use of finances we will be considerably overdrawn by fall.

Motion to accept Treasurer's Report: Juanita. Seconded: Karen D. Motion carried.

Motion to accept the budget for 2021-2022 Moved by Karen D. Seconded: Juanita. Motion carried.

Committee: Nothing to report.

New Business and Action items for discussion at the May meeting:

Chris is attending the FM Advisory on the 28th.

The definition of a Senior in our constitution will be changed from 50 years old or older to 60 years old and older. Royce will send out the motion to the executive for approval by the Board before the AGM.

Around the Table:

We might be able to meet together in one room by October.

Chris discussed Save-On Food certificates available for prizes or for deserving seniors.

Adjourned @ 11:25.

Next Meeting : June 9/21 @ 10:00 A.M.

Respectfully submitted, Linda Lou Bartlett

Senior's programming:

As we approach PHO updates later in May, proposals are being reviewed which may add to the seniors focused outdoor aquatic and fitness programs that will be offered. Please note that programs have not yet been confirmed by the EOC and are dependent on the upcoming PHO updates.

Social and games: These programs could contain options such as badminton, bocce, bingo and would be aligned to compliment the upcoming aquafit and land fitness classes. The goal is to provide an opportunity for registrants to move from one activity to another and have some much-needed social connection while participating in fun activities.

Carpet Bowling: This outdoor program would be weather dependent.

Walking Group: This outdoor program would be rain or shine and would be based on duration as opposed to distance. If the Advisory has any route suggestions or areas of interest, please let me know. There is potential for a self led walk option as well.

We are currently in communication with our Spanish and Line Dancing contractors to discuss the potential of adapted programs.

Board program suggestions: If members of the Board have any program suggestions, please feel free to communicate your ideas with me

Farmers Market Coupon Program

The Farmers Market Coupon Program applications have been sent out to seniors who have expressed interest in the program. The Coupon Program starts June 17th and the application deadline is May 27th. All participants from last year's Farmers Market Coupon program were included in the email. The application will also be sent out in the following What's Up Wilson or may be emailed to members separately to provide time to for the application process. All unsuccessful applicants will be put on a waitlist in the event additional funding is provided. All applications will be handled through the Seniors area, and the selection process will be supported by the Access and Inclusion area. Successful applicants will be chosen based on the following criteria:

- 1.) Proof of financial need
- 2.) Resident of Port Coquitlam
- 3.) A senior, single parent, or an expectant mother
- 4.) Number of people in the household compared to financial index
- 5.) Age
- 6.) Identified barriers

Please note that hard copies are available at City Hall and at the Terry Fox Library.

Tax Program

To date 69 tax returns have been filed. Special thanks to the Port Coquitlam Rotary for their impressive efforts in supporting the seniors through the stresses of tax time. Feedback has been very positive with the users of the services expressing their gratitude for the ease of the process, the free community

service and for reducing their stress. The program has been extended through May 31.


Birthday call outs

Birthday call outs are going well and are well received. I have managed to provide resources to 15 seniors so far, ranging from in-home support, grocery and medication delivery, BC 211 call centre, vaccination info, legal resources, transportation queries, and fitness and aquatic program details. I am leaving my contact information should they have additional questions or concerns.


Phone Buddies

The Phone Buddies program has had some attrition, losing 5 members for various reasons. Some of the existing Weekly callees have lost their caller, and, until additional onboarding and training is complete, these people will not have a caller. We are currently still calling in the mid-70's and have communicated at least once with 181 people. The number of calls made would be too time consuming for me to obtain, but I will work through the number for years end.

CITY OF PORT COQUITLAM



**Port Coquitlam Farmers Market Nutrition
Coupon Program Application 2021**



Farmer Market Coupon distribution is subject to funding and availability. Application to the Farmer's Market Coupon Program does not guarantee approval. Please note that this application is for Port Coquitlam residents only and will not be processed unless you attach verification of your gross household income.

Check here if you receive government assistance & please provide a copy of one of the following:

- Eligibility letter (from Social Worker, Case Manager, Pastor, BC Housing)
- Photocopy of a Notice of Deposit (from Ministry of Social Development Office)
- Confirmation of Assistance Statement (myselfserve.gov.bc.ca)
- Copy of Income Tax 2020 Notice of Assessment

Or

Check here if you have already been approved in 2021 for an Individual Financial Subsidy Scholarship through the City of Port Coquitlam's Recreation Department.

- No proof of government assistance is required.

QUALIFYING GROSS INCOME LEVELS

# of people in Family	Yearly Gross Income
<input type="checkbox"/> 1 person	Up to - \$25,920
<input type="checkbox"/> 2 people	Up to - \$32,899
<input type="checkbox"/> 3 people	Up to - \$44,445
<input type="checkbox"/> 4 people	Up to - \$49,106
<input type="checkbox"/> 5 people	Up to - \$55,695
<input type="checkbox"/> 6 people	Up to - \$62,814
<input type="checkbox"/> 7+ people	Up to - \$69,935

APPLICANT INFORMATION
(Please Print Clearly)

Applicant Name: _____

Birthdate (MM/DD/YYYY): _____

Address: _____

Postal code: _____

Phone: _____ Alt Phone: _____

Email: _____


Date Submitted: _____

Date Received (for office use only): _____

Submit completed applications to:
City of Port Coquitlam – City Hall drop box
 c/o Wilson Seniors
 2580 Shaughnessy St
 Port Coquitlam, BC V3C 2A8

Or email applications and questions to:
wilsonseniors@portcoquitlam.ca

If you have questions regarding the application process please contact: 604-927-7981
Deadline for applications – May 27, 2021



604.927.7974
wilsonseniors@portcoquitlam.ca