# MONTHLY MEETING JANUARY 13, 2021 TIME at 10:00 Location: via ZOOM

## Attendees (6 needed for Quorum)

#### **MEMBERS PRESENT**

Royce Shook, Gwendoline Turpin, Karen Madill, George Lukach, Pat Dales, Ruth Wilson, Karen Dobson, Sharon Martin, Juanita Franco

#### **STAFF PRESENT**

Chris Eastman, Yvonne Comfort

#### MEETING CALLED TO ORDER @ 10:06

#### APPROVAL OF AGENDA

Motion to adopt the agenda: Moved Karen Madill, Seconded Ruth Wilson Motion Carried

#### **APPROVAL OF PRIOR MINUTES**

Motion to approve Minutes of previous meeting as circulated. Moved Sharon Martin, Seconded Karen Dobson Motion Carried

#### **ACTION ITEMS**

Grant updates: Royce Shook to complete and submit the final version of the report for the Farmers' Market funding.

#### REPORTS

#### STAFF

Staff Report presented by Chris Eastman, attached. Motion to accept the staff report. Moved Gwendoline Turpin, Seconded Karen Dobson Motion Carried

**PRESIDENT** Report {see attached)

## VICE PRESIDENT

Gwendoline Turpin presented the Vice President's Report.

Our web support person Stephanie Mitchell has finished the set up for the Individual ID's and Passwords for our website wilsonseniors.ca. I would like all executive members to visit the website and request an ID and password to make sure that it is working correctly. Once the ID's have been issued to the executive members, I will place the information on Facebook so that our membership will also be able to access the website. When you access the page there is a login box on the right-hand side. Click on the link under Request Site Access to apply for a username and password.

## TREASURER

Karen Madill (see attached) Motion to accept the Treasurers report Moved by Pat Dales, seconded by Sharon Martin Motion Carried

## COMMITTEE

**History of the Association** – George Lukach: George has started working on the history, but it is slow because of COVID restrictions. He has developed a process and a working outline of how he is going to proceed. He is looking at developing a series of pictures based on the type of events. A suggestion by Pat was that he look at events through a timeline as well. For example, looking at social gatherings from 1990 to 1999, then social gatherings from 2000-2010, etc. George will also be in touch with the Heritage group from Poco and will prepare a blurb for the next "What's Up Wilson" and our Facebook page asking for photos and memories to add to our history.

## **NEW BUSINESS:**

Gwendoline Turpin took the chair. Royce Shook nominated Joan Mullen to serve on the Board from February 1, 2021 to our annual general meeting in October 2021 pursuant to our By-Laws. Seconded by Juanita Franco. Motion Carried.

Port Coquitlam Constituency Seniors Advisory Council asked that we do a presentation to their January 29th meeting. Royce Shook will present a PowerPoint on what we do and take questions from the group.

## **AROUND THE TABLE**

Gwendoline asked about correspondence and responses from the mail out of Christmas cards. Chris stated we had one response thanking the Board for the card.

## ADJOURNMENT

Motion to adjourn made by Ruth Wilson seconded by Karen Madill. Motion Carried meeting adjourned at 11:17

## NEXT Executive MEETING: February 10, 2021 @10:00 via ZOOM

# **Helping Hands**

Picked up and delivered the Save-on More Gift cards to Chris for distribution

# Grant Update

- Received word that the grant for a \$10,000 grant from YVR for the Phone Buddies and Food security program (Helping Hands) was not successful.
- Still no news from New Horizons
- I have completed the final report (Due April 15<sup>th</sup>, 2021) on the Farmers Market Program and am ready to submit the report.

# Presentation to the Coquitlam – Port Coquitlam Constituency Seniors Advisory Council

This is a group which includes seniors from different backgrounds, neighbourhoods, and local associations through our MP's office and they have asked us to do a presentation at their next meeting about what we do. I agreed and prepared a short PowerPoint for that meeting. This group may be of assistance if we apply for Federal Grants and or they may have some ideas about how we can work together to assist seniors

# Website Security.

The new web security is completed thanks to Gwendoline and we need the Board to secure their logins to the site

# ADVISORY BOARD MEETING – City Report Chris Eastman January 13, 2021

**Helping Hands:** The \$2000 provided by Harken Towing and Harken Tidal was used to purchase gift cards to Save on Foods. Low-income seniors were identified in the community through previous subsidy registrations and each of those were sent a gift card which arrived for Christmas.

**Christmas Cards:** Christmas cards were sent to over 1100 seniors in the community. The cards showed a snow-covered cityscape with warm wished to the recipients. One person emailed: "... I'd like to thank you very much for your beautiful Christmas card and warm wishes. It was lovely to receive your card and your thoughtfulness is very much appreciated."

**Seniors Tax Support Program**: I am currently communicating with the Port Coquitlam Rotary, CVITP (a volunteer division of the CRA) and our management team. The Rotary will be volunteering to submit these returns and are currently undergoing criminal record checks as well as clearance with the CRA. Currently, three Rotarians, Gaye Simms, Ron Goyette and Carrie Balanger have expressed an interest in supporting this needed service. A high-level proposal has been submitted to the management team and is being reviewed for FOIPA and personal safety. This service is only for simple tax returns and focused on seniors who fall into the low-income category. Updates regarding start time and availability will follow once program confirmation is complete.

**Give it a Try:** June 4th is the proposed date for the Give it a Try sports day program in celebration of Seniors Week. We are hoping that the COVID situation will be under control by then allowing us to provide options for outdoor activities during this event. Currently Pickleball and Carpet Bowling are two selected activities. I am asking the Board for input for an additional 2-3 activities they might like to see for participants, and seeking interested Board members who would like to assist in the planning and management of the additional programs that align with the 55+ games https://www.55plusbcgames.org/sports/ Those Advisory members who are interested in supporting the events or have ideas on sports and activities you would like to see that align with the BC 55+ Games please connect with Chris Eastman. Work on activity planning will begin in March.

**Phone Buddies Update**: The City and the Board are working together to finalize the parameters of the Phone Buddies call out program. An adapted proposal was submitted and is being reviewed by the management team and the EOC. The request included the support of a Recreation Leader to assist with tracking the calls made by senior volunteers, to enter information into a spreadsheet from the Minutes Wilson Seniors Advisory Association January 13, 2021 Page 4 calls, and to assist with calls regarding sensitive matters or situations requiring additional information or resources the volunteers may not have.

**Aquatics:** Starting Friday January 15th every length swim timeslot that had 12 registrants will be reduced to 8 registrants for length swim. One double lane (4 people) will be reallocated as an unstructured exercise lane. The midday options would be ideal for seniors as it provides a safe, spaced out area for low impact aquatic exercise of any kind.

**City Updates**: The sidewalk along Wilson Ave at Mary Hill has been closed since Friday. Yvonne has been in communication with Ventana and a temporary gravel path will be installed to prevent people having to J-walk to access the facility. Previous planning did not have the sidewalk closed and Yvonne has worked hard to ensure the issue is dealt with as soon as possible.

**Seniors Resource Page Update:** I am completing a resource page with a focus on seniors providing information on pharmacy, grocery, transportation support and resources in Port Coquitlam. This includes info on curbside pick-up, delivery, and seniors dedicated shopping hours. It will be shared in the next What's Up Wilson as well as a resource for the Phone Buddies program callouts.

# Treasurer Notes, January 13, 2021 Meeting

# Wilsons Senior Advisory Association

Mail picked up from Chris Eastman on January 7th'21:

- Cheque from Harken Towing in the amount of \$2,000.00 in January and was deposited. December month end does not reflect this deposit.
- 2) Westminster Savings October 2020 cheque account statement.
- 3) Canada Revenue Agency Confirmation of annual information return filing for Registered Charity.
- 4) WorkSafe BC Notice of 2021 premium rate.

Since I am not sure if we file an annual report to the Work Safe BC, I have tried to log onto account but do not know the password. I will consult with previous Treasurer to get direction of the history. We have no wages to report but we may need to file as a necessity for the account status. Respectfully submitted,

Karen Madill

Treasurer