

WILSON SENIOR ADVISORY ASSOCIATION
MONTHLY MEETING DECEMBER 9, 2020
TIME 10:00 A.M.
VIA ZOOM

Quorum (needed 6)

MEMBERS PRESENT

George Lukach, Gwendoline Turpin, Karen Dobson, Juanita Franco, Royce Shook,
Pat Dales. Karen Madill, Sharon Martin

STAFF PRESENT

Chris Eastman

CALL TO ORDER

Meeting called to order at 10:03 a.m.

APPROVAL OF AGENDA

A motion to approve the agenda was made by Juanita Franco. Seconded by Karen Dobson.
Carried.

SHARE PROGRAM

Discussion of the Share Program's decision to cancel their program this year and how
to use the funds allocated to them.

Karen Madill moved that we rescind the previous motion to donate \$200.00 to Share
Programs and Services and redirect the funds to Helping Hands Program. Also, the
Board commits to cover the committed funds from Harken Towing until Chris
Eastman receives them. Seconded by Juanita Franco. Carried.

GRANT UPDATES

Included in President's report.

STAFF REPORT

Staff Report presented by Chris Eastman.

Motion that Wilson Seniors' Advisory Board approve the cost of mailing for greeting
cards to the membership if we go ahead with this project. Moved by Karen Madill.
Seconded by Ruth Wilson. Carried.

Motion to approve Staff Report. Moved Karen Dobson. Seconded Sharon Martin.
Carried.

PRESIDENT'S REPORT

Helping Hands and Share

1. How will we help the 48 low-income seniors that were identified to be part of the
Helping Hands program? That is \$50 per or \$100 for half? If half, we would have to

have a selection criterion. Example those over 65, would only be considered, those of a certain income would only be considered etc. If we go with \$100 to help half, we will need a committee of board members to decide the criteria.

2. Safeway offers a 2% discount for orders over \$2,000.00
3. Save-On offers a 4% discount for orders between \$1,599.00 and \$3,999.00.
4. Wondering how the purchasing of gift cards will be rolled out? Harken still has not provided a hard copy cheque but have verbally confirmed.
5. Wondering how the Board would like to handle the provision of the gift cards? They could be at City Hall for pick up between Monday—Friday 8:30 am—4:30 pm or could also be mailed out but that would cost an additional \$50 (estimate).

Grant Update

- Applied for a \$10,000.00 grant from YVR for the Phone Buddies and Food security program (Helping Hands)
- No news from New Horizons
- I have been asked to give a final report (Due April 15th, 2021) on the Farmers' Market Program and will complete the report in the next two weeks and send it out to the Board before I submit it.
- Should we apply for a gender-based program to encourage women over 55 to become involved in recreational (sports) programs?
 - Could be tied into Senior Games in June

Motion by Pat Dales to apply for the Gender Equity funding to supplement the Give it a Try program. Seconded by Karen Madill. Carried.

Intergenerational Programs

I have been in Contact with Jessica Williams and we have started initial discussion on how we can work together to provide some intergenerational programming in the New Year, once we are back to normal.

We talked about youth helping seniors once the Kitchen in the Rec center, Youth assisting in the Summer games and assisting in the Phone Buddies program. Access is interested and if no objections from the Board I will continue our conversations on this with her in January.

Website security.

In the last week, I have learned that there are hackers out there who, for the fun of it try to hack WordPress websites to cause damages. Another group I am in has a website that they recently put up and in a two-week period has had 23 attempts to hack into the website. I was also talking to our new Treasurer Karen about the fact we are posting all our documents, including financials on the web page for our membership. She was concerned about the lack of security. We need to have our minutes and our Financial information available to our members. Before Covid, people could access that information, as I understand it at the Centre, but that option is no longer available, so keeping it available online is a reasonable alternative.

VICE PRESIDENT'S REPORT

Gwendoline Turpin reported that a previous motion sent out by email regarding web security has not been voted on. Motion as presented:

The wilsonseniors.ca website be set up as a three-level system, with individual IDs for all, with different access levels as appropriate. People could request an ID, which could be activated by the assigned website administrator, currently Gwendoline

Turpin and Royce Shook. The cost of \$100.00, for this change, would be accepted by the Board. Moved by Karen Madill. Seconded by Gwendoline Turpin. Carried.

Gwendoline Turpin to contact Website Administrator to set this up.

TREASURER'S REPORT:

1. All paperwork was picked up from Roland Mitchell and I am in possession of it all. Note that Roland has gone through and shredded "old" paperwork not required, and I have four (4) boxes of data to review and become familiar with.
2. Letter of change of signing authorities was provide to Royce Shook and was signed off by President and Vice President. This letter was delivered to the bank in November. I followed up with calls and have an appointment Friday, December 11th to go sign necessary documents.
3. In doing banking information, we do not have access to online statements. Question, do we receive statements and documents in a paper format via mail?
4. As per the financial reports, the one term deposit matured in November 2020 and interested was transferred to the savings account.
5. To my knowledge, all petty cash accounts are closed as the balance of Ann Pratt's and Roland Mitchell's accounts have been accounted for and deposited in November to close their responsibility to the Board.
6. Preliminary financial statements for October and November 2020 were presented to the board for review.

I submit that the Board move to accept the financial and notes presented by the Treasurer, Karen Madill

Submitted by Karen Madill, December 9, 2020

Motion to approve Treasurer's Report made by George Lukach. Seconded by Juanita Franco. Carried.

HISTORY PROJECT UPDATE

George Lukach reported that they are gathering information and are in the very early stages of this project. He is looking for volunteers and other contacts that might be able to provide some of the information needed.

ADJOURNMENT

Motion to adjourn meeting at 11:40 a.m. by Juanita Franco. Seconded by Karen Dobson. Carried.

NEXT MEETING

Next meeting January 13, 2021 at 10:00 a.m. via Zoom

ATTACHMENTS

Staff Report

Helping Hands: Harken Towing and Harken Tidal has verbally confirmed that they will be redirecting the seniors luncheon funding to the Helping Hands program in the sum of \$1,500.00 & \$500.00, respectively. The Helping Hands program provided \$100.00 to each recipient who had been identified as low income. Through communication with the Access and Inclusion area 48 members of the community over the age of 50 are confirmed to be in financial need. Options are to direct the Harken donation with \$50.00 going to each of the 48 people, or to filter recipients based on age or lowest income and providing those people with \$100.00. With food security as one of the main concerns for people during this time there is the option to purchase gift cards from Save on Foods with a 4% discount due to quantity of gift cards being purchased. This would provide an additional \$80.00 in savings.

Farmer's Market: The farmers' market final report has been sent out and this year the Board and the city provided food security for 77 people. Testimonials and responses have been good and the community members who were able to take advantage of the coupon program were very thankful.

Give it a Try: The city applied for and received a grant for \$2,000.00 to support the BCRPA Give It a Try program. I see this program as being similar to a sports day like we had in school where participants can take part in a variety of activities, learn the basics, and determine whether or not it is something they would like to take part in on a regular basis. The funds provided are for carpet bowling and pickle ball. The proposed date for this program is June 4, 2021. As this falls within Senior's week June 1—7, it would be ideal to have the Board's support to assist and collaborate on additional Give It a Try options, the goal being to encourage and support seniors in our community to gain access to try a variety of activities that they normally would not participate in. This supports social and physical recreation and provides a safe space for people to connect and be active together in the new facility. I see these activities as being registered programs to prevent overcrowding. All attendees will receive some recreation passes for future visits and will also be provided free coffee/tea service as well as baked goods throughout the activities. There will be a BCRPA representative on site to support the carpet bowling, and we are seeking a volunteer who may like to support pickle ball, as well as any other activities the Board/City may like to introduce. Board ideas. Board to support certain activities. Gender Equity grant options with a focus on fitness and aquatics. Royce Shook to write, Chris Eastman to support.

Christmas Cards for members: Currently working with Yvonne to determine if it is financially viable to send out a Christmas Cards to all 1144 Wilson members. Cards would be developed in-house and would have a heart-warming message from the Senior Services' Team and the City. I am hoping the board will discuss if they would like to be a part of the card mail out and have their logo and signatures as part of this community connection.

Seniors Helping Seniors: Youth Vital Issues Team has a program with Access for inter-generational programming with seniors working with youth. Senior high school students and seniors develop intergenerational activities that support one another. IE: Seniors and Youth Dinner Night, snow shovelling, changing tires. Looking to explore that more at the Board meeting.

Phone Buddies Update: An adapted proposal was submitted for review and we are awaiting the response regarding the requests for additional resources to expand the Phone Buddies program. This proposal outlined the Phase 1 goal of continuing to call out to all 1100+ Wilson Senior members, and Phase 2 which allowed for the continued calls to seniors who have expressed their need for consistent and continued connection due to their experiences with social isolation during the pandemic.

Activities at the PCCC or in the City: With the recent adjustments in the latest PHO, hockey must return to phase 2 levels meaning that practice and skills are allowed to continue, but games have been cancelled. Registered drop-in for fitness in the gym is still available. Masks are required when accessing common areas, but there has been no direction that masks are required when at a selected station and distanced from others. Aquatics is still available for drop in registration and individual lane bookings.

Registration opens on Dec 9th for residents and Dec 11th for non-residents.

Swimming:

Hyde Creek Main Pool Swimming

- Enjoy a 60 minute public swimming timeslot in the lap pool!
- Open pool area is shared among participants and you must maintain proper distance with other swimmers. **May not be able to accommodate length swimmers during this time due to patron numbers / activities.**

Hyde Creek Leisure Pool Swimming

- Enjoy a 60-minute public swimming timeslot in the leisure pool!

Hyde Creek Length Swimming

- Maximum 4 length-swimmers per double lane. Social distancing practice must be maintained at all times while in water and on deck.
- Enjoy a 60-minute length swimming timeslot!

Hyde Creek Open Public Swimming

- Enjoy a 60-minute public swimming timeslot in both the lap pool and leisure pools!

Annual Closures and reduced hours: There is a reduced schedule over the Christmas break. All facilities will be closing early on December 24th and 31st, and will be closed December 25/26, as well as January 1, 2021.

Clay Workshop: There is a two-part clay workshop that starts on this Friday, December 11, afternoon that would be perfect for seniors:

https://anc.ca.apm.activecommunities.com/cityofportcoquitlam/activity/search/detail/43103?onlineSiteId=0&from_original_cui=true

Drawing inspiration from encounters with nature, and under the artist's guidance, workshop participants will create unique ceramic tiles for the final installation. Each workshop is in two sessions. During the first session, participants will build their tile(s) in clay. The second session is for glazing. Materials provided.

City Updates: Potential to enhance virtual programming if the isolation continues due to COVID. If this is the case are there any activities that you think would benefit or enjoyment to seniors in the community. Potential to do live interactive programming for a reduced rate.