THE WILSON CENTRE SENIORS' ADVISORY BOARD

MONTHLY MEETING

NOVEMBER 14, 2018

THE COMMUNITY ROOM, THE GATHERING PLACE

10:30 A.M.

Members Present:

Joan Gould, Karen Dobson, Teresa Foreman, Juanita Franco, Laion Lee, Lynn MacKenzie, Roland Mitchell, Douglas Taylor, Ian Follis, Gwendoline Turpin, Jerine Jago

Staff:

Chris Eastman

Call to Order:

Meeting called to order at 10:33 a.m. by Acting President, Joan Gould.

Approval of Agenda:

Moved by Juanita Franco, seconded by Jerine Jago. Motion carried.

Approval of October Minutes:

Moved by Lynn MacKenzie, seconded by Karen Dobson. Motion carried.

Staff Report:

Chris Eastman presented. Motion to approve staff report by Teresa Foreman, seconded by Douglas Taylor. Motion carried.

Correspondence:

Letter from The Deaf and Hard of Hearing looking for volunteers to become a "friendly visitor" to a senior with a hearing loss or to provide transportation.

Treasurer's Report:

September actual and budget, moved approved by Roland Mitchell, seconded by Gwendoline Turpin. Motion carried.

Roland Mitchell presented to the Board for perusal, the Actual vs. Budget report ending October 31, 2018.

Business Arising:

AGM went well. Three new members elected to board. Welcome

Stakeholders:

Lynn MacKenzie reported if beams go in and all goes well, we will have our kitchen by the fall of next year.

New Business:

The Board will sponsor five (5) seniors at \$100.00 each for Christmas.

Share Family, Lynn MacKenzie will assist Kelly Taylor (staff) with this. Moved by Laion Lee and seconded by Lynn MacKenzie, "that the Board donate \$200.00 to a Share Family." Motion carried.

Moved by Roland Mitchell and seconded by Lynn MacKenzie. RESOLVED that pursuant to Paragraph 6.6(d) of the Bylaws of the Wilson Centre Seniors' Advisory Association, the Board approve the continued services of Roland Mitchell and Ann Pratt, all duly elected at the AGM held October 10, 2018, to continue to serve on the Board of Directors for their term, which will cause them to exceed the four-year limit placed on Board participation by a Director without the passing of a Board resolution to waive the four-year limit when said individuals stand for election without challenge. Motion carried.

Gwendoline Turpin is looking into where to hold the Board Christmas lunch and invited guests December 12 following the monthly meeting. (Approximately 20 people.)

Communications' Committee

We had 24 new members for October 2018. The letters have been sent and there will be a follow-up call next week.

Assigning Duties for New Members:

Joan Gould asked Ian Follis to look into existing committees and possible revamping. New members to check each committee and its duties.

Adjournment:

Meeting adjourned at 11:45 a.m.

Next Meeting:

10:30 a.m. at the Community Room, The Gathering Place December 12, 2018.

City of Port Coquitlam—Report to Wilson Centre Seniors' Advisory Association—November 14, 2018

Presented by Chris Eastman Time-stated Recreation Program Coordinator — Adult, Access, and Volunteers

Successes: Events, Programs, Memberships, Updates, Friendships

- Welcome to the newest members of the Advisory Board and thank you so much for providing your time in service of your community. If you have ideas, thoughts, or passions and projects you would like to pursue please feel free to communicate with me at any time.
- 2. Additional sewing programs are requesting to be moved over to Leigh Square in The Gathering Place. This is to ensure access as we move forward and begin to lose additional parking stalls.
- 3. Food services sales from construction workers has allowed us to continue to keep the concession open; price adjustments for staff and crew.
- 4. Carmel Lepine was injured at her other job and was off for a week. She has returned to work but may require additional days off. Should there be anything that requires immediate attention please ensure to cc Chris Eastman as well.
- 5. Bruce Hansen has been teaching youth to play pool recently and had a gathering of up to nine kids. Pitt River Middle School has requested bridge and snooker to be taught to some of their gifted children, and Marilyn Parent has agreed to assist in their education. They have delayed the start of that program until April. If you know of anyone else that might like to teach bridge or play bridge with students in grades seven and eight, please let me know.

Events

- The Remembrance Day ceremony saw over 250 people in attendance at the Recreation Complex (not including the cadets and scouts). Numerous recommendations have been passed on to management regarding tightening up the event and making it more accessible. See recommendations below and feel free to add any thoughts and ideas you might have.
- 2. Birthday parties: Tony Proffitt will be playing at the next birthday party and requested edits to the poster will be completed shortly.
- 3. The turkey luncheon is sold out and a waitlist has been started. There are still spots for the December 14 youth services turkey dinner.

Updates

- 1. Winnie Lai has taken over the position as the Program Assistant for Access Services. One of the first things she will be doing is to determine what the term "access" means. This will assist us in expanding programming and opportunities for those with access concerns. Access could mean people living with physical and cognitive disabilities, socioeconomic concerns, the LGBTQ community, First Nation people, people without options for transportation etc. Your thoughts and ideas are important as they will assist in shaping what the Access Department will offer.
- 2. I will be meeting with the manager from RBC later today to submit a grant request for shuttle bus outings. I will keep the Advisory Board updated if we are successful in the grant and I'm hooping that the Board can assist in identifying those seniors in our community that may be experiencing social isolation, a lack of friends, and the need for connection.
- 3. I am in the midst of writing a proposal to the city to request a capital budget for the purchase of a city bus. I'm wondering if any of the Board would be interested in reading it prior to submission so that they can provide their thoughts and ideas. The goal being to reduce the access and parking issues for the recreation complex as we move forward and provide opportunities for out trips to ensure that seniors are provided the opportunity for recreation and connection.
- 4. I would like the Board to consider initiating a brainstorm for questions for the senior demographic in our community that identify the answers to the question: "What is important to seniors in Port Coquitlam"? These responses will help to shape our future programming and may also help in the application of obtaining a bus.
- 5. There are no additional construction updates to provide at this time. In January we will receive an update in terms of scheduling, and the construction crew are waiting for two important support beams which will determine if there will be additional delays.

City of Port Coquitlam—Report to Wilson Centre Seniors' Advisory Association—November 14, 2018

Partnerships

Flu Shot: in review, feedback from participants of the flu shot had indicated that Wilson Pharmacy was a bit more aggressive in terms of recommending additional inoculations at a cost to seniors. I would like to ask the Advisory Board if they would like to see Save On Foods / Pharmasave or others as the only pharmacies to provide the injections in 2019.

Adult Registered Programs

October 2017 Stats		October 2018 Stats		Variance
Deferred Revenue –		Deferred Revenue -		
32 WC Sports	\$503.00	32 WC Sports	\$1,924.00	\$1,421.00
Deferred Revenue –		Deferred Revenue –		
36 WC Arts	\$218.00	36 WC Arts	\$64.29	-153.71
Deferred Revenue -		Deferred Revenue –		
42 WC Gen Int.	\$1,050.00	42 WC Gen Int.	\$858.00	-192.00
Deferred Revenue -		Deferred Revenue –		
43 WC Health	\$167.00	43 WC Health	\$203.00	36.00

Drop in Activity Stats	Totals	Sept. 2017 Stats	Variance
Band	9	77	-68
Bingo	70	273	-203
Braz Embroidery	22	81	-59
Bridge am	61	216	-155
Bridge pm	96	400	-304
Carpet Bowling	64	`261	-197
Chairobics	133	514	-381
Display Case Workshops	0	0	0
Fitness	411	1,744	-1,333
Handicraft	40	114	-74
Hand & Foot Cards	26	113	-87
Osteofit	48	0	48
Pool am	287	1,135	-848
Pool pm	15	84	-69
Saturday Art	387	115	-77
Sewing Drop In	0	5	-5
Table Tennis am	121	400	-279
Table Tennis pm	54	233	-179
Monthly Activities			
Advisory Board	9		9
TOTAL Services			
Blood Pressure	56		56
Foot Clinic	32		32
Stroke Recovery Club	32		32
TOTAL Special Events	0		
AGM	52	Unknown	

Grand Total 1,676

City of Port Coquitlam—Report to Wilson Centre Seniors' Advisory Association—November 14, 2018 Concession & Wilson Centre Kitchen Sales

October 2017 Stats		October 2018 Stats		Variance
Deferred Revenue –		Deferred Revenue –		
45 WC Kitchen	\$3,676.00	45 WC Kitchen	\$5,318.00	\$1,642.00

October 2018 kitchen sales were up again and boasted a \$1,642.00 increase in sales compared to the same time last year. This increase was largely attributed to a greater demand for lunchtime food services by Ventana's construction team. Higher prices are being charged to construction and city employees for select items.

ADULT CONCERNS Kelly Taylor, Carmel Lepine and I will be working to support the Silver Chord Choir in the transition between paper and electronic songs and sheet music. Recommendations have been provided in terms of adjusting the existing files to meet the needs of choir members. I'm awaiting confirmation for the choir to be part of the entertainment for the turkey dinner at Hyde Creek on December 14.